



COVID-19 UPDATE

MAINE	Total Positive	Total Recovered	
	1,437	993	
CMH	Total Tests Administered	Total Positive Tests	Total Current CMH COVID Hospitalizations
	1,835	51	2
	CMMC	MUC	Bridgton
	30	6	Rumford
			1

TODAY'S TOP 3

1. The Maine Association of Psychiatric Physicians, in collaboration with DHHS and other mental health organizations, have created a free phone support line for all healthcare workers, first responders and their families to assist with managing the stress and emotional toll of being on the front lines of this pandemic. Called the Frontline Hotline, it is staffed with healthcare professionals trained in Psychological First Aid for help dealing with anxiety, stress, grief or worry and is available 7 days a week, 8 a.m. to 8 p.m.

Reach the toll-free COVID-19 Mental Health Support Line at 866-367-4440 or 207-221-8196. For more details, [download the flyer](#).

2. **Sodexo's Grocery2Go service is now available at Bridgton and Rumford Hospitals.** Starting Tuesday, May 18 enjoy easy access to everyday grocery staples with the convenience of never having to leave work.

Simply fax in your order form to 207-795-2376 and the next day your groceries will be bagged and waiting for you as you walk out the door.

Service available: Monday through Friday

Pick up time: 4:45 p.m. to 6 p.m.

Pick up location : BH & RH Cafeterias

Download the forms:

[Bridgton Hospital](#)

[Rumford Hospital](#)

3. **Door screeners are working hard to ensure our patients, permitted visitors and team members remain safe and healthy.** They are tasked with having to greet and welcome anyone coming in the door, while also completing the COVID screening in a timely manner. It is extremely important that we treat our screeners with respect and do what we can to help keep the process moving. Please [review these guidelines](#) to better understand the process and how you can assist the screeners when you enter the building.