



Weekend Update on COVID-19 Response - April 7, 2020

MAINE	Total Positive		Total Recovered			
	519		176			
CMH	Total Tests Administered	Total Positive Tests	CMMC MUC Bridgton Rumford			Total Current CMH Hospitalizations
	855	29	12	4	12	1
						2

Current Team Member FAQ's

TODAY'S TOP 3 - April 7, 2020

1. Team members who require it will still have access to showers in the lower level of 12 High Street and can get there via the 12 High St connector hallway. As a reminder, you can walk from the hospital to 12 High St, but you cannot go from 12 High St. to the hospital. If you need to get to the hospital from 12 High St., you must go outside and use the 60 High St. entrance. The second full day of restricted access through 12 High went smoothly. While you do require a re-screen, DO NOT take a new mask every time you re-enter the facility.
2. We are anticipating additional incoming supplies over the next few weeks, including additional Powered Air Purifying Respirators (PAPRs), face shields and cloth masks. Some of these are due to the generosity of our communities. Our PPE supplies are holding up to ensure our staff have the equipment necessary to keep themselves and others safe. Thank you for your patience with all of the restrictive measures that have been put into place.
3. The state of Maine today announced a joint planning effort between the state and healthcare systems (including Central Maine Healthcare) to open alternative care sites as part of the COVID-19 surge preparations. This comprehensive planning will ensure adequate capacity for the treatment of Mainers with COVID-19.

For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - April 7, 2020

During times of stress what matters most is taking time for what feeds our souls.

“When despair for the world grows in me
and I wake in the night at the least sound
in fear of what my life and my children’s lives may be,
I go and lie down where the wood drake
rests in his beauty on the water, and the great heron feeds.
I come into the peace of wild things
who do not tax their lives with forethought
of grief. I come into the presence of still water.
And I feel above me the day-blind stars
waiting with their light. For a time
I rest in the grace of the world, and am free.”

Wendell Berry

What gives you peace and nourishes your spirit? Make time for this each day.

The Spiritual Care Department

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