



COVID-19 DAILY UPDATE



Update on COVID-19 Response - May 1, 2020

MAINE		Total Positive			Total Recovered		
		1,123			657		
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	1,393	36	17	4	14	1	0

Current Team Member FAQ's

TODAY'S TOP 2 - May 1, 2020

1. For the health and safety of our patients and team members the CMMC Pharmacy storefront will temporarily close starting Monday, May 4 and all prescriptions will now be picked up via curbside delivery or mailed. To pick up your prescription, ensure that your prescription is ready prior to parking. CMMC Pharmacy offers automated text or call alerts when prescription is ready. Once your prescription is ready, simply pull into one of the numbered pharmacy parking spots, call the phone number on the sign and they will bring your prescription to your car. Credit card payment will be taken over the phone and pharmacy staff will be available to answer any questions you have during the call. Cash or check will not be accepted at this time. If you are currently on the CMMC campus and would like to pick up your prescription without having to get your car, please call 795-7177. Payment will be taken over the phone, and then employees can pick up their prescription(s) at the pharmacy side door.
2. CMMC team members are no longer allowed to utilize patient and visitor parking spaces and are advised to return to parking in the designated employee lots. The physician parking garage remains closed and doctors may use the reserved spaces behind the helipad. Employees who park in patient and visitor parking will be ticketed and face being towed during this transition, number of violations will not be taken into consideration.
Thank you for your cooperation.

For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - May 1, 2020

Holding onto **what matters** sometimes means setting aside what gets in our way.

"No matter how creatively we live our life, it will end one day. Is there a healthy way to use the reality of mortality? Each morning when we wake up, we can ask ourselves: 'Since I have a limited number of days to spend in this body on this planet, how do I want to experience the precious 24 hours I've been given today?' This powerful question recognizes the natural limitations of human life, helps us to remember our core values, and inspires us to live each day fully."

From the Conscious and Creative Living Newsletter by Robert and Christine Gerzon

The Spiritual Care Department

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