



## Update on COVID-19 Response - May 6, 2020

MAINE		Total Positive				Total Recovered	
		<b>1,174</b>				<b>766</b>	
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	<b>1,545</b>	<b>42</b>	<b>23</b>	<b>4</b>	<b>14</b>	<b>1</b>	<b>2</b>

### Current Team Member FAQ's

#### TODAY'S TOP 5 - May 6, 2020

1. Pharmacy pickup is still available in-store, and the process for curbside pickup is being adjusted to accommodate high volume of customers. Meanwhile, mail delivery is still an option and can help us minimize the number of people in the 12 High Street lobby. Here's how:

- When you call in for a refill, let the pharmacy staff know you would like mail delivery.
- If you are using the automated option to refill a prescription, follow the prompts to speak to a technician and request mail delivery.
- They will take your payment method over the phone and mail your prescription to you.
- If you are calling after hours, follow the prompt to leave a voice message requesting mail delivery.
- The pharmacy will notify you when the prescription is ready and will request your payment information prior to mailing.

If you are filling a new prescription and opt for a mail delivery, a pharmacist is always available to answer any questions you may have.

Please note the following:

- Refrigerated items and controlled substances are shipped via Fedex Monday through Thursday for next-day delivery.
- The Pharmacy will call you ahead of time to confirm an adult will be home as a signature is required for the delivery to be left.
- All other medications are sent via USPS. Depending on your location these packages typically arrive in 2-3 business days.

- When using mail delivery service, please take into consideration an order time of one day plus mailing when requesting a refill.
2. Please be aware that surgery/procedure patients at the medical center are being screened in the driveway outside 60 High Street. If you get a ride to work, please ask to be dropped off across the street or down the block to avoid traffic congestion and difficulty for the screening team.
  3. We have updated the procedures for requesting PPE supplies from the Lewiston Supply Conservation Room. Please note the following new steps that should be utilized to request and obtain PPE:

All Hospital Clinical areas: (All Nursing floors, ER, Day surgery, etc.)

1. Each day, based on patient criteria, the team representative or manager will determine the amount and type of PPE that will be utilized that day.
2. The team representative or manager will fill out a requisition on line and email to the Supply Conservation Room (SCR) [SupplyConservationRoomCMMC@cmhc.org](mailto:SupplyConservationRoomCMMC@cmhc.org) or designate someone to go to the "Supply Conservation Room" to fill out a requisition and pick up the supplies for the day.

Non Clinical Areas or Areas Located off Campus:

1. At the beginning of the week, based on number of staff & patients, the team representative or manager will fill out a requisition on line based on the amount and type of PPE that will be utilized that day, and email their order to the SCR ([SupplyConservationRoomCMMC@cmhc.org](mailto:SupplyConservationRoomCMMC@cmhc.org)).
2. The SCR will print the requisition, fill the order, place the order in a bag and label with a requisition form (important to fill out the office name and contact info in full)
3. Distribution Services will pick up the orders in the afternoon 1:30-2 p.m..
4. The orders are then placed in the clinics supply area at the warehouse and delivered on their delivery date each week.
5. If an emergency order is needed – an order may be called in to the SCR, at x4916 the order will be filled and distributed via our courier outside of the assigned delivery date.
6. If an emergency order is needed in the Rumford or Bridgton area, the PPE will be requested from the SCR in those areas by the main Lewiston SCR.
7. The SCR tech will notify the courier that a special trip is requested.
8. Usage will be reported to Sr. Leadership on a daily basis.

During Non-Business Hours:

1. For evening hours from 7:00 p.m. - 6:30 a.m., contact the nursing supervisor for immediate needs @ CMMC 795-2730.

4. Starting Monday, May 11 we will be changing the schedule of COVID communications to Mondays and Fridays with a dedicated COVID-19 section in OnPoint. Be on the lookout for OnPoint starting this Friday, May 8.
5. The Grocery2Go service offered by Sodexo has updated their order **form**. Download the new **form** to see their current grocery offerings.

For additional and the most up-to-date information, please access the public website at [www.cmhc.org/team-alerts](http://www.cmhc.org/team-alerts).

### REFLECTION - May 6, 2020

**Holding onto what matters** sometimes means setting aside what gets in our way.

“This affirmation has an amazing effect on the human nervous system: ‘I have all the time in the world.’ Say it to yourself a few times and notice your body relax. The world provides 24 hours to each of its inhabitants every day. So the next time you are feeling frazzled, remember that you are in charge of your relationship to time. Affirm, ‘I have all the time in the world.’ And let your body breathe in that expansive feeling.”

*From the Conscious & Creative Living Newsletter by Robert & Christine Gerzon*

*The Spiritual Care Department*

REF32

The contents of this email message and any attachments are the property of Central Maine Healthcare (CMH) and may contain sensitive, proprietary, or privileged information. CMH employees and contractors are expressly forbidden to forward sensitive, proprietary, or privileged information to third parties and/or personal email addresses. Noncompliance may result in disciplinary action up to and including termination or termination of contract.

© 2020 Central Maine Healthcare (REF32). All Rights Reserved. Questions or Feedback? [Email us](#).