



COVID-19 DAILY UPDATE



Update on COVID-19 Response - April 20, 2020

MAINE	Total Positive		Total Recovered				
	875		414				
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	1,133	33	15	4	13	1	1

Current Team Member FAQ's

TODAY'S TOP 4 - April 20, 2020

1. We are starting to see the pandemic curve flatten and while we are optimistic, it's now more important than ever to stay vigilant and continue to practice social distancing, proper hand hygiene and masking. With the current trend, Incident Command is paring down its activity, while still preparing for a surge. At this time, we will be moving to all staff emails 3 days per week. Should we see a surge in COVID-19 numbers, we will go back to our daily emails.
2. The daily 1:15 Supervisor/Manager/Director calls will also move to three days a week to coincide with the new email schedule. Unfortunately, due to unforeseen technical issues, today's call was cancelled. We apologize for any inconvenience this caused.
3. As of Saturday, April 18, universal masking is required for all team members, including those who work in non-patient-facing areas. If you work in a non-clinical area, please wear a cloth mask. Those who work in locations such as the 29 Lowell St building can take two cloth masks to keep (located at the entrance screening table) and bring the masks home to launder. Please practice proper hand hygiene before and after putting on the mask, avoid touching the mask and wear the mask at all times unless eating, drinking or in your office by yourself.
4. Over the weekend, some beautiful artwork and messages of support appeared outside of the entrances to Central Maine Medical Center. Thank you to whoever took the time to bring smiles to our team members

faces!



For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - APRIL 20, 2020

As we move through this unsettled time, let's not forget **The Power of One!** How many people does it take to make a difference? **One!**

"One song can spark a moment, one flower can wake the dream
One tree can start a forest, one bird can herald spring
One smile begins a friendship, one handclasp lifts a soul
One star can guide a ship at sea, one word can frame the goal
One vote can change a nation, one sunbeam lights a room
One candle wipes out darkness, one laugh will conquer gloom
One step must start each journey, one word must start a prayer
One hope will raise our spirits, one touch can show you care
One voice can speak with wisdom, one heart can know what's true
One life can make a difference, **that difference starts with you.**"

Anonymous

In the words of Gandhi, "be the change you wish to see in the world." **That's what matters most.**

The Spiritual Care Department

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