

COVID-19 DAILY UPDATE



Update on COVID-19 Response - April 22, 2020

MAINE		Total Positive				Total Recovered	
		907				455	
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	1,177	34	15	4	14	1	1

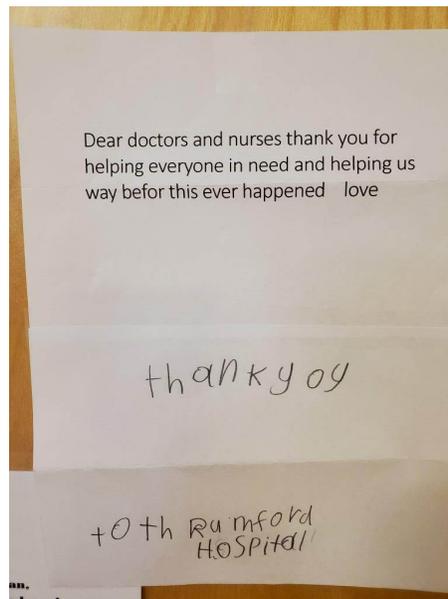
Current Team Member FAQ's

TODAY'S TOP 3 - April 22, 2020

1. We are happy to share that with a recent shipment of PAPRs, we now have a healthy supply of high level personal protective equipment. We are developing educational guides to go with this new equipment and will be moving these devices out to departments for use over the next several days.
2. We understand that access to PPE has been a point of concern to team members and want to reassure you that we have a healthy supply of masks, face shields, gowns and gloves. Your vigilance in proper use of PPE has allowed us to maintain this supply and we thank you for your ongoing effort in ensuring that we have PPE to protect team members moving forward.
3. The positive community support and feedback continues to come in to all CMH locations. Here are a few letters CMMC, Bridgton Hospital and Rumford Hospital received this week:

TO the E.R. Staff at CMHC -

I came in with a patient on both 3/26 and 3/29, I wanted to take a minute to recognize how excellent the nurses were on 3/26 and both the nurses and doctor on 3/29 were to my client. Amid the current epidemic, with increased stress and precautions he received quick, professional care. Each of the nurses took the time to talk to him despite the fact that I was there as a translator/professional caregiver. The nurses and doctor welcomed information I had to share, and mirrored the way I spoke to him which I believe made the situation much more comfortable for him. When the time came to move him to a higher level of care it was difficult for me to leave him, but I know he has received a high level of professional care. If I asked anyone who treated us on those days I'm sure they would say they were just doing their job, but the skill with which you handled your jobs to be commended. Thank you for your tireless work, and your continued efforts during this time.



For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - APRIL 22, 2020

Like picture frames, our perspectives influence how we see events around us. How we frame difficult experiences can tilt us towards despair **or** hope.

“When you go out and see the empty streets,
the empty stadiums, the empty train platforms,
don't say to yourself, “it looks like the end of the world.”

What you're seeing is love in action.

What you're seeing, in that negative space, is how much we do care for each other,
for our grandparents, our parents, our brothers and sisters,
for people we will never meet.

People will lose jobs over this.

Some will lose businesses.

And some will lose their lives.

All the more reason to take a moment, when you're out on your walk,
or on your way to the store, or just watching the news,
to look into the emptiness and marvel at all of that love.

Let it fill you and sustain you.

It is the most remarkable act of global solidarity we may ever witness.”

Christina Baldwin

Choose carefully your perspective: this is what **matters most** in how we navigate life's challenges.

The Spiritual Care Department

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