



COVID-19 DAILY UPDATE



CORRECTION: Update on COVID-19 Response - April 6, 2020

**The previous email listed incorrect data.
Total current positive CMH hospitalizations is 2.**

MAINE		Total Positive				Total Recovered	
		499				158	
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	834	28	11	4	12	1	2

Current Team Member FAQ's

TODAY'S TOP 4 - April 6, 2020

1. As part of our continued safety and health precautions and to diminish the risk of spreading COVID-19 in our facilities, access to 60 High Street (Central Maine Medical Center) from 12 High Street (medical office building), will end as of 7 p.m. Monday, except for individuals who have been identified as needing to respond to emergencies in the hospital. Additionally, off-hour access to 60 High Street will be by badge swipe only.
2. We are providing convenient curbside service for retail pharmacy customers who are presumed or tested positive for the coronavirus. Patients picking up prescriptions can park outside and call the pharmacy on the posted phone number and a pharmacy associate will bring the purchase outside.
3. While all team members should mask while in our hospitals and clinics, we are not requiring patients without respiratory symptoms to mask. This is consistent with our infection prevention team's recommendations and will further help to protect our supply of procedure masks. Patients who request a mask may be given one. Those who bring their own cloth masks may wear them.
4. If any team members are looking for hotel accommodations in the Lewiston/Auburn area to quarantine or ease daily travel, The Hampton Inn, located at 15 Lincoln St, Lewiston, is offering all CMH team

members a discounted nightly rate of \$79. Per the State Mandate, their website is currently deactivated so if you need to make reservations, please call (207) 344-1000. The Hilton Garden Inn also remains open for healthcare workers and is offering a rate of \$79 per night. To book a stay at the Hilton, you can either visit <https://bit.ly/3e2MVRF>, email Brett.Bisson2@Hilton.com or call (207)784-4433.

For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - April 6, 2020

During especially scary times, what matters most is choosing to be our very best selves:

“This pandemic experience is a massive experience in collective vulnerability. We can be our worst selves when we’re afraid, or our very best, bravest selves. In the context of fear and vulnerability, there is often very little in between because when we are uncertain and afraid our default is self-protection. We don’t have to be scary when we’re scared. Let’s choose awkward, brave and kind.”

- Brene Brown

The Spiritual Care Department

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