



Update on COVID-19 Response - April 27, 2020

MAINE		Total Positive			Total Recovered		
		1,023			549		
CMH	Total Tests Administered	Total Positive Tests	CMMC	MUC	Bridgton	Rumford	Total Current CMH Hospitalizations
	1,318	37	17	4	15	1	1

Current Team Member FAQ's

TODAY'S TOP 3 - April 27, 2020

1. Ramp up to Recovery

With some indications that the current coronavirus outbreak may be plateauing, Central Maine Healthcare is starting to plan for a post-COVID world, starting with rescheduling some medically necessary and time-sensitive surgeries and procedures that were postponed during the crisis. Providers will be reaching out to patients soon to discuss timing and any concerns the patients may have. To best protect everyone's health, all safety measures and precautions will be taken as we reintroduce surgical patients into our hospitals.

2. Get Back to Work

To help Maine businesses get back to work safely, Maine Urgent Care is debuting a new service called **Get Back to Work Staffing Solutions**. Through this service occupational health experts at Maine Urgent Care will walk employers through the process of safely and accurately screening their employees for COVID-19 symptoms. Topics covered will include screening best practices, temperature-check protocols, logging and documentation and any other concerns employers might have as they bring their teams back.

3. Don't Forget to Mask

**Team members
are required to
mask at all times
in our hospitals**



For additional and the most up-to-date information, please access the public website at www.cmhc.org/team-alerts.

REFLECTION - APRIL 27, 2020

Charles Eisenstein said, "We are born helpless infants, creatures of pure need with little resource to give, yet we are fed, we are protected, we are clothed and held and soothed, without having done anything to deserve it, without having anything in exchange. This experience, common to everyone who has made it past childhood, informs our deepest spiritual intuitions. Our default state is gratitude: it is the truth of our existence."

As you go about your day, feeding, protecting and soothing those in your care, remember to count your own blessings. They are there! Grounding your day in gratitude can help you **remember what matters most**.

The Spiritual Care Department

REF32

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