

# Important CMH Information



## A Year of COVID: Resilience and Fortitude

A message to all CMH team members from Jeffrey L. Brickman, FACHE, President and CEO, CMH

A year ago today, Maine learned of its first COVID-19 case: a Navy reservist from Auburn who sought care at the Emergency Department of Central Maine Medical Center. Central Maine Healthcare team members have been working courageously and selflessly to protect our communities from the coronavirus ever since.

We've had devastating losses over the past 12 months – in Maine alone 46,650 people infected, 723 stolen from us by the disease and untold heartache for too many. Through it all, the pain, the hardship and the upending of daily life, you have persevered for the good of our patients, our communities and for one another.

I continue to be awed by your resilience and fortitude. It carried us through the darkest days of the pandemic and the winter surge, allowed us to learn and adapt to new challenges in our work and to embrace efforts to provide needed care in different ways.

We have come so far and accomplished so much. There's hope as we start to see the beginning of the end of these strange and difficult months as we vaccinate more and more members of our community.

Through it all, you kept to our values of Compassion, Service and Citizenship. I see it around us every day.

And it's that same commitment and perseverance that are now bringing us through this post-COVID recovery as we focus on the future of our organization and the opportunities that lie ahead.

So today, a year after COVID-19 first came into our midst, I reflect on what we have been through together and I thank you from the bottom of my heart.

I am grateful beyond words to be part of this Central Maine Healthcare team.

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