



Supporting team members as we implement the state COVID-19 vaccination requirement

A message to CMH team members from Incident Commander Kris Chaisson, MS, BSN, RN, CCRN, CMMC VP of Nursing and Patient Services

We are committed to doing everything we can to answer your questions and address your concerns as we implement the state mandate requiring COVID-19 vaccination of all healthcare workers. As you know, the Maine Department of Health and Human Services and Maine Center for Disease Control and Prevention issued an emergency rule to add COVID-19 vaccination to the existing law that requires certain vaccinations of healthcare workers. The requirement applies to all team members, not only patient-facing team members.

Under the state mandate, all healthcare workers must be fully vaccinated for COVID-19 by Oct. 1, meaning 14 days must have passed following the final dose of the vaccine series. The timeline for the different vaccines are:

- Pfizer first dose week of Aug. 16-20, booster week of Sept. 6-10
- Pfizer first dose week of Aug. 23-27, booster week of Sept. 13-17
- Moderna first dose week of Aug. 16-20, booster week of Sept. 13-17
- Johnson & Johnson single dose by Sept. 17

Information and resources about the vaccines

- Please check the team member portal and your email for *OnPoint* and other communications,
- Feel free to reach out to these providers who are ready to have **one-on-one conversations** with you.
 - *Dr. Jennifer Weiner-Smith* (Obstetrics and Gynecology): SmithJe@cmhc.org
 - *Dr. Steven Constantino* (Anesthesia/Surgical Services): Constast@cmhc.org
 - *Dr. Michael Stadnicki* (Primary Care): StadniMi@cmhc.org
 - *Dr. David Salko* (Primary Care): SalkoDav@cmhc.org
 - *Dr. Jenae Limoges* (Epidemiology and Infection): LimogeJe@cmhc.org
 - *Dr. Al Teng* (Pulmonology and Intensive Care): TengEr@cmhc.org

- *Dr. Claudia Geyer* (Hospital Medicine): Careware or GeyerCla@cmhc.org
- *Dr. Bethany Picker* (Family Practice): Careware or PickerBe@cmhc.org
- *Dr. Sheldon Stevenson* (Emergency Medicine): stevensh1@cmhc.org
- Attached are updated **Q&A documents** around the **vaccines** and **processes around the mandate**. (These will be placed on the team member portal)
- You can use the **Ask A Question page** on the portal
- Our **Employee Assistance Program** is available and may be of help to team members on this subject. As part of your benefits, EAP is free and confidential. EAP is available through Optum under the Access Code: CMHC. They can be reached at (866) 248-4096.
- We have a number of videos, including Q&As, on the portal and on our **YouTube channel**. The **latest video features Chief Medical Officer John Alexander, MD**, on being ill himself with COVID-19 and how it affected his decision on getting the vaccine.



Access to vaccine: We are vaccinating at all three hospitals and at the Auburn Mall. Here is the current schedule. These are on the team member portal and will be updated.

Central Maine Medical Center

- Roving Vaccination Team: Thursday, Aug. 19: Thompson and Memorial wings, all floors: 6-8 a.m.
- Mezzanine: Friday, Aug. 20: 6 a.m.-2 p.m.

Auburn Mall: *Please identify yourself as a team member as the process is streamlined for you.*

- Tuesdays, Wednesdays, Fridays: 8 a.m.-5 p.m.
- Saturdays: 8 a.m.-noon

Rumford Hospital: Conference Room A

- Wednesday, Aug. 18: 3-7 p.m.
- Thursday, Aug. 19: 3-7 p.m.
- Friday, Aug. 20: 3-7 p.m.

Bridgton Hospital

- Monday, Aug. 23: 7:30-9:30 a.m. and 1:30-3 p.m.
- Tuesday, Aug. 24: 7:30-9:30 a.m. and 1:30-3 p.m.
- Wednesday, Aug. 25: 7:30-9:30 a.m. and 1:30-3 p.m.
- Thursday, Aug. 26: 11:30 a.m.-1:30 p.m.
- Friday, Aug. 27: 11:30 a.m.-1:30 p.m.

Information and processes for obtaining and administering a medical exemption: The decision on medical exemptions, according to state law, is to be determined by the physician's, physician assistant's or nurse practitioner's clinical judgment that COVID-19 vaccination is medically inadvisable. More information is available in the Q&As and the exemption form will soon be available on the team member portal.

Finally, we understand the feelings and opinions about COVID-19 vaccination vary among our team members. Please be kind to one another and take to heart our Service Standards, especially:

- #1: I am creating a welcoming, caring and nonjudgmental environment.
- #4: I am respectful, treating all individuals with dignity and empathy.
- #7: I am resilient and adapt to change in positive ways.

We are proud to work alongside you. Please do not hesitate to reach out with questions.

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