

# BEST PRACTICES

## FROM INFECTION PREVENTION OCCUPATIONAL HEALTH



As the COVID-19 pandemic continues and we move into cold and flu season, we want to remind you of the measures needed to keep our patients and fellow team members safe. There's been some "drift" with COVID-related precautions. It's understandable that there is fatigue after so many months of the pandemic, but unless we are diligent, we risk team members being placed out of work due to illness, continued exposures, increases in hospital-acquired infections and even outbreaks.

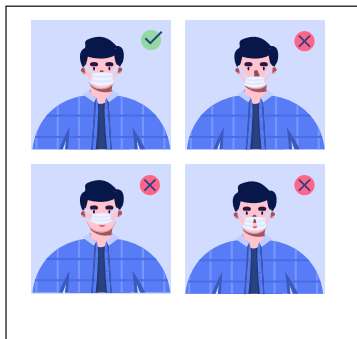
Please commit to these best practices and actively support each other with confidence and kindness when they are not being followed.

### Wear a mask properly at all times in healthcare facilities.



- Exceptions: eating/drinking while spatially separated from others OR if you are alone in an office.
- This applies to EVERYONE: vaccinated, unvaccinated, leaders, contractors, infection preventionists, providers, etc.
- The answer to "Do you mind if I don't wear my mask?" in a meeting is "YES, I do."

### Wear all personal protective equipment properly.



- Including when you're wearing an N95 respirator. Remove facial hair so that you can have a proper fit.
- Eye protection when in the presence of a patient or a visitor. Over your eyes - not on the top of your head.

### Get the Vaccine.

- We know that nothing is 100% able to prevent disease, but the vaccines do provide protection against serious or critical disease.
- It is the best protection we have.
- If you have questions - ASK, we will find the answers for you!

### Perform Hand Hygiene Frequently.



### Screen daily and report all symptoms to Occupational Health.

- Regardless of vaccination status.
- Regardless if symptoms may be due to "a minor cold" or "allergies."
- CMH has on-site testing for team members with symptoms. We are seeing positive tests results for team members with minor symptoms.