

Important CMH Information



Incident Command Update – Jan. 12, 2022

To CMH team members from Incident Commander John Alexander, MD, MHCM, FACEP, Chief Medical Officer

TODAY'S CENSUS: CMMC 118; Bridgton Hospital 20; Rumford Hospital 22

EMERGENCY DEPARTMENT HOLDS: CMMC 12; Bridgton Hospital 4; Rumford Hospital 2

COVID-19 PATIENTS: CMMC 34; Bridgton Hospital 4; Rumford Hospital 0

CMMC TRANSFER WAITLIST: 4

HOSPITAL SERVICES CURRENTLY IMPACTED: Inpatient Pediatrics; Special Care Nursery; CT Invasive Services; Neurosurgery call coverage; Weekend Stress Echo; CMMC Lab Outpatient Services (CMHO campus) closed through Jan. 12

TODAY'S UPDATE

1. Infection prevention strategies are more important than ever. We have an overwhelming prevalence of COVID-19 in our communities. The number of team members out is growing. Omicron is extraordinarily transmissible – and up to 31% of people infected are asymptomatic.

We need to do a better job so we can care for our patients and protect each other. We can prevent exposures and infections.

- Please familiarize yourself with the **personal protective equipment guidelines** for your area, especially those on when N95s are required. (These include when a patient is unmasked in a room with team members. If the patient is masked, use both masks and eye protection.) Also, please refamiliarize yourself with the **guidelines for reuse of respirators and masks**.
- Eye protection is required in all patient care areas. People can – and do – get COVID through the eyes.
- If you have ANY symptoms, call Occupational Health (795-2830). Do NOT work.
- **Do NOT remove your mask within six feet of anyone** – including when eating, in a shared office and when carpooling. These activities lead to many of our exposures.
- Please do not call the lab for your test results – or to ask when your test results will be available. This takes time away from lab team members' ability to get through all the tests they need to process.

2. We are fortunate to have staffing resources through the Maine National Guard and the federal government. Please embody our Service Standards with them and take pride in modeling them. It's a great way to show off how Central Maine Healthcare team members treat patients, their coworkers and others.

3. Please get your flu shot or submit your medical exemption. As a reminder, you have a convenient option in the CMMC retail pharmacy. Team members can get their flu shots Monday-Friday between 11 a.m. - 3 p.m. No appointment is needed and the entire process

takes about 15 minutes

4. We are not bringing back team members who haven't tested negative for COVID. We are currently using our contingency strategy for isolation and quarantine. Full details are in these attached policy documents: [Determination of Quarantine & Work Restrictions](#) and [Mitigation Strategies for Exposed or COVID-19 Positive Healthcare Personnel During Staffing Shortages](#). Also attached is the [decision tree](#) (technical difficulties you may have had with this document yesterday have been resolved).

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