

# Important CMH Information



## Incident Command Update – Jan. 14, 2022

To CMH team members from Incident Commander John Alexander, MD, MHCM, FACEP, Chief Medical Officer

**TODAY'S CENSUS:** CMMC 106; Bridgton Hospital 19; Rumford Hospital 22

**EMERGENCY DEPARTMENT HOLDS:** CMMC 16; Bridgton Hospital 2; Rumford Hospital 0

**COVID-19 PATIENTS:** CMMC 30; Bridgton Hospital 4; Rumford Hospital 0

**CMMC TRANSFER WAITLIST:** 4

**HOSPITAL SERVICES CURRENTLY IMPACTED:** Inpatient Pediatrics; Special Care Nursery; Neurosurgery call coverage; Weekend Stress Echo; CMMC Lab Outpatient Services (CMHO campus) closed through Jan. 22; CT Invasive Services plans to resume Jan. 15

**RETURN TO WORK STRATEGY:** Contingency

### TODAY'S UPDATE

1. **More than 180 team members remain out of work due to COVID.** We need all team members to do all they can to stop exposing each other to the virus.

2. **COVID-infected team members will not return to work on-site before five days have passed and without testing under the crisis strategy proposal** developed by an Incident Command subgroup. Although such practices are allowed under US CDC and Maine CDC guidelines, the proposal presented at Incident Command today focuses on mitigation to prevent exposures rather than in-person return-to-work of COVID-positive team members.

The strategies of the subgroup's proposal include COVID-positive team members supporting clinical administration needs remotely; moving non-clinical team members off-site and developing a talent pool to fill staffing gaps. A crisis strategy would be triggered only if the State of Maine put crisis standards of care into effect or if CMH declares an internal disaster.

The subgroup continues to work on details of the plan. More details to come.

3. **Supply of N95 respirators** is limited and we are monitoring requests. They may be declined based on quantity and the area generating the request. Team members in non-clinical areas may purchase their own N95s from an outside source so that we can reserve hospital ones for clinical areas. Please watch for additional conservation guidance.

4. **Mandatory N95 use in the Emergency Departments and Urgent Care** is being implemented. We will be checking in on Monday on their use.

5. We will require **procedure masks for visitors** starting Tuesday. While not yet mandatory, we strongly encourage starting this practice now. Because of the transmissibility of omicron and the high prevalence of COVID in the community, we are making this change to procedure

masks because of their higher level of effectiveness. Visitors wearing their own procedure masks should be given a new one if theirs appear overly worn or no longer hold their shape.

6. **Patients will also be required to use procedure masks.** Patients (who are able to tolerate it) must be masked when others are in their rooms. Starting Tuesday, they will also be required to use procedure masks. As with visitors, we strongly encourage this practice to start immediately. Patients will need to have masks supplied daily by bedside team members.

7. Ten **additional Maine National Guard members will soon arrive** at Central Maine Healthcare. Two members will be deployed to Bolster Heights Residential Care, three to Rumford Community Home and another five to CMMC. They are among the 169 Guard personnel who will start arriving at 16 facilities around Maine late next week. Please give these troops a hearty welcome and our thanks!

8. ICYMI: **Team Member Assistance Program overview: Tuesday, Jan. 18** - Learn about free and confidential TMAP benefits for you and your household members. Virtual and face-to-face counseling can help manage issues including anxiety, chronic conditions, financial difficulties and workplace changes. Information for the Microsoft Teams meeting: **[Click here to join the meeting.](#)** Or call in (audio only): **+1 207-405-3790,,567576868#**

REF32

The contents of this email message and any attachments are the property of Central Maine Healthcare (CMH) and may contain sensitive, proprietary, or privileged information. CMH employees and contractors are expressly forbidden to forward sensitive, proprietary, or privileged information to third parties and/or personal email addresses. Noncompliance may result in disciplinary action up to and including termination or termination of contract.

© 2021 Central Maine Healthcare. All Rights Reserved. Questions or Feedback? **[Email us.](#)**