

Important CMH Information



Incident Command Update – Jan. 18, 2022

To CMH team members from Incident Commander John Alexander, MD, MHCM, FACEP, Chief Medical Officer

TODAY'S CENSUS: CMMC 112; Bridgton Hospital 19; Rumford Hospital 20

EMERGENCY DEPARTMENT HOLDS: CMMC 12; Bridgton Hospital 2; Rumford Hospital 0

COVID-19 PATIENTS: CMMC 28; Bridgton Hospital 5; Rumford Hospital 2

CMMC TRANSFER WAITLIST: 5

HOSPITAL SERVICES CURRENTLY IMPACTED: Inpatient Pediatrics; Special Care Nursery; Neurosurgery call coverage; Weekend Stress Echo; CMMC Lab Outpatient Services (CMHO campus) closed through Jan. 22; Topsham Family Practice due to weather-related emergencies

RETURN TO WORK STRATEGY: Contingency

TODAY'S UPDATE

1. Crisis Strategy update: The Incident Command subgroup presented further detail today on their proposed return-to-work crisis strategy. Work continues on the three phase approach that allows individual departments to be different phases, depending on their staffing resources and demand for services. A talent pool resource would provide potential staffing assistance either remotely or in person.

2. Out of work due to COVID: We continue to see too many team members unable to come to work, often with severe symptoms. Be vigilant with your infection prevention precautions!

3. Free at-home COVID tests: Every home in the United States is eligible to order four tests and they are completely free. Orders will usually ship in 7-12 days. Go to www.covidtests.gov.

4. More help on the way: Twenty more Maine National Guard personnel will arrive Thursday. Fifteen will be assigned to CMMC, to the Emergency Department and to M2. Three will be deployed to Rumford Community Home and two to Bolster Residential Heights. We are working on a deeper training program to prepare these Guard members for their new roles with us. Please welcome and thank them warmly for their help!

5. Pipe problems: Topsham Family Medicine and 76 High St. were hit by water main breaks induced by the cold weather yesterday. TFM patients are being seen at the Topsham Care Center, Lisbon or by telehealth. 76 High St. is up and running with damage limited to specific areas. A big shoutout to the teams working through this dilemma!

6. N95 reminder: Team members now need to wear N95s in our EDs. We will provide additional guidance for areas of the EDs where team members are not near patients.

7. Visitors and procedure masks: Visitors are now required to wear procedure masks. They may wear their own, but if theirs are overly worn or no longer holding their shape, they need to

wear one we issue to them.

8. New screening questions: In light of developments in the pandemic, updated questions will soon be hitting your daily COVID questionnaire. Please be sure to read each one carefully before answering.

9. Birth partners: We are not requiring them to be tested for COVID at this time.

10. COVID-19 Therapeutics Update: Join this virtual town hall on **Thursday, Jan. 20 from 5-6 p.m.** to learn about current therapeutic options. While this is a provider-focused forum, it is open to all team members who are interested in learning more. [Click here to join the Teams meeting.](#)

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