

Important CMH Information



Incident Command Update – Jan. 28, 2022

To CMH team members from Incident Commander John Alexander, MD, MHCM, FACEP, Chief Medical Officer

TODAY'S CENSUS: CMMC 111; Bridgton Hospital 15; Rumford Hospital 19

EMERGENCY DEPARTMENT HOLDS: CMMC 15; Bridgton Hospital 2; Rumford Hospital 0

COVID-19 PATIENTS: CMMC 22; Bridgton Hospital 4; Rumford Hospital 3

CMMC TRANSFER WAITLIST: 7

HOSPITAL SERVICES CURRENTLY IMPACTED: Inpatient Pediatrics; Special Care Nursery; Neurosurgery call coverage; Weekend Stress Echo; CMMC Lab Outpatient Services (CMHO campus) closed Mondays and Fridays; Topsham Urgent Care on Saturday; Primary Care clinic hours Saturday (will convert to telehealth as needed)

RETURN TO WORK STRATEGY: Contingency

TODAY'S UPDATE

1. WINTER STORM: Stay safe! A winter storm warning is in effect from 7 a.m. Saturday through 6 a.m. Sunday for south central, southwest and western Maine. Between 7-13 inches of snow are expected with winds as high as 35 mph. Along the coast, snow accumulation could be 11-18 inches with winds gusting as high as 60 mph.

2. ON-SITE COVID TESTING: This weekend, swabbing for team members with symptoms will not be available at the CMMC Emergency Department decontamination room Saturday night or Sunday morning

3. IMPORTANT RETURN TO WORK CLARIFICATIONS:

Return date notification: Team members who are out due to COVID are responsible for communicating their return-to-work dates with their leader. Infection Prevention will no longer be providing notification to leaders.

Antigen Testing: The return-to-work date for COVID-positive team members will be after a quarantine period of 10 days from either the onset of symptoms or, if asymptomatic, date of test. If a team member is symptom-free after Day 7, they may contact Occupational Health to be screened for eligibility and referred for a return-to-work antigen test. If this test is negative, they may return to work before the 10-day quarantine period is over. If this test is positive, they remain out for 10 days.

Unless symptoms continue or worsen, they may come back to work without a test. Call Occupational Health for advisement and work clearance at Day 10.

This decision was made due to the number of people who are acutely ill after infection, those who were testing while not cleared to do so and the extremely low number of people who were eligible to come back to work due to testing antigen negative at Day 5.

It is truly the exception rather than the rule that someone would test negative and be able to

return to work before 10 days.

4. DEPARTMENT OF DEFENSE SMALL MEDICAL TEAM: The team's schedule calls for them to be on the CMMC campus Saturday morning for their orientation and on their respective units to job shadow on Sunday. We will adjust the schedule if needed due to the weather.

5. TALENT POOL DATABASE: Incident Command approved the Talent Pool plan today. We expect to go live next week. Stay tuned for more information.

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