Update on COVID-19 Response - March 27, 2020

**TESTS ADMINISTERED AT CMH** | **CONFIRMED CASES**
---|---
562 | CMH: 20  
Maine: 168

**Current Team Member FAQ's**

**TODAY'S TOP 5 - March 27, 2020**

1. The courier service remains in operation system-wide and they are complying with our screening processes at each facility. As this pandemic evolves, please work with our courier to facilitate hand off of supplies. Your flexibility is appreciated while the courier does their best to support our needs during this time.

2. We want to ensure we continue to have the supplies needed to protect our patients and team members. The current supply processes at Bridgton and Rumford Hospitals are working well and will remain as is. Central Maine Medical Center has established a Supply Conservation Room to assist with the disbursement and management of supply inventory. Located with Same Day Surgery Check In in the former Blood Donation Center in the 60 High St main hallway, team members can go there to collect supplies needed for their units. Clean PAPRs will also be located in the Supply Conservation Room and only those team members with orange stickers, received by complete PAPR training, will be able to check out PAPRs. Dirty PAPRs should be returned to SPD.

The Supply Conservation Room will be open 24/7 and the process will work as follows:

**Clinical Areas:** (Nursing floors, ER, other areas that staff 24 hours per day)

1. Each day, based on patient criteria, the team leader/charge nurse on the prior shift will determine how many boxes of N95’s (20/BX) are needed on that unit for the next shift.

2. The team leader/charge nurse will designate someone to go to the Supply Conservation Room to pick up and complete a purchase requisition for the supplies needed for the day.
3. The next shift looks at the PAR, decides if any further supplies are needed and will go to the Supply Conservation Room as needed.

**Non-Clinical Areas:** (That do not staff 24 hours per day)

1. At the beginning of the shift based on the number of patients scheduled, or suspected need, the team lead will go to the Supply Conservation Room to pick up supplies and complete a purchase requisition for what is collected.

2. The next shift looks at the PAR, decides if any further supplies are needed and will go to the Supply Conservation Room as needed.

3. For the health and safety of our patients and team members, please refrain from entering any hospital facility unless you need to access something within the hospital.

4. Many team members have been wondering who is making decisions around COVID-19 policies and procedures. CMH has stood up a central Incident Command (IC), which is designed to help facilitate and guide the organization’s response to the COVID-19 outbreak. The Command meets two times a day to make decisions and provide clear direction and communication across the system. Please download this guide to better understand who is involved in Incident Command and what their roles are.

5. To ensure our team members have access to what they need to stay safe and healthy. The following processes have been put in place to access clean scrub sets at CMMC, Bridgton and Rumford Hospitals:

**Process for Scrub Use at Central Maine Medical Center**

We have temporarily expanded access to the Cintas scrub dispensers during this time for the staff members who may be providing direct care to COVID-19 patients or patients under investigation:

- ED Staff and Providers - Utilize OR Cintas Machine
- T2 Unit – Utilize OR Cintas Machine
- Rad Techs/CT Techs/Ultrasound Techs – Utilize OR Cintas Machine
- Respiratory – Utilize OR Cintas Machine
- Residents – Cath Lab Cintas Machine
- Hospitalists – Cath Lab Cintas Machine
- ICU/Intensivists – Cath Lab Cintas Machine
- Phlebotomists taking blood in the ED – Cath Lab Cintas Machine

As we expand access to this service, we want to ensure that there are enough scrubs for everyone so please only take one set of scrubs at a time. Any new team member who is
granted access to the machine will need to deposit a dirty set of scrubs into the machine before they can get a clean set.

**Process for Scrub Use at Bridgton Hospital**
All scrubs are located in the female bathroom located in the OR locker room. We will be providing scrubs for the following team members:

- ED staff
- Providers
- Med surg staff caring for COVID patients or suspected COVID
- Radiology techs
- Respiratory Therapy
- Phlebotomists taking blood in the ED or patients with Suspected or known COVID

**Process for Scrub Use at Rumford Hospital**
All scrubs are located in the cabinet in the ASU waiting room adjacent to ASU. We will be providing scrubs for the following team members:

- ED staff
- Providers
- Med surg staff caring for COVID patients or suspected COVID
- Radiology techs
- Respiratory Therapy
- Phlebotomists taking blood in the ED or patients with Suspected or known COVID
- Residents

For additional and the most up-to-date information, please access the public website at [www.cmhc.org/team-alerts](http://www.cmhc.org/team-alerts).

**REFLECTIONS**

During this time of vulnerability when so much is out of our control, practicing the Serenity Prayer helps us **remember what matters most** in maintaining self-care:

- The things I cannot control during the pandemic: actions of other, what will happen, how long this will last, how others react, if others follow the rules of social distancing, the amount of toilet paper and Clorox wipes at the store…
- The things I can control: my attitude, taking news breaks, my own social distancing, keeping connected to loved ones through phone calls and social media platforms, finding ways to rest and renew at home, my acts of kindness and grace.

*The Spiritual Care Department*