Coronavirus (COVID-19) Update for Medical Staff - March 2, 2020

A message to all CMH medical staff members from John Alexander, MD, MHCM, FACEP, Chief Medical Officer, Central Maine Healthcare

As many of you are aware, the Infection Prevention team and Dr. Jenae Limoges, Epidemiologist for Central Maine Healthcare, have been monitoring the outbreak of Coronavirus in China since mid-January, and have been providing periodic updates (in sync with the CDC website) regarding incidence, exposure risks, and screening recommendations.

Beginning later today, we will be coordinating daily communication via email, portal and public website to be able to provide any updated information, including our screening and testing procedures, inventory of supplies, any visitor restrictions, and any additional educational or communication resources available.

We are committed to keeping you well-informed in order to guide your conversations with staff, patients and our community members.

Please take every opportunity to reinforce to all that the risk of Influenza infection remains very high in the state of Maine, and that strict adherence to respiratory etiquette, including hand washing, masking for respiratory symptoms, and low level disinfection of surfaces remains the #1 strategy for reduction of transmission.

Thank you for your caring commitment to serving our communities.