



Nondiscrimination Notice

Discrimination is Against the Law

Central Maine Healthcare (CMH) does not discriminate on the basis of race, color, national origin (including limited English proficiency and primary language), age, disability, or sex, including sex characteristics, intersex traits; pregnancy or related conditions; sexual orientation; gender identity, or sex stereotypes.

In compliance with Section 1557 and other federal civil rights laws, we provide individuals the following in a timely manner and free of charge:

- **Language assistance services.** CMH will provide language assistance services for individuals with limited English proficiency (including individuals' companions with limited English proficiency) to ensure meaningful access to our programs, activities, services, and other benefits. Language assistance services may include:
 - Electronic and/or written translated documents
 - Qualified interpreters
- **Appropriate auxiliary aids and services.** CMH will provide appropriate auxiliary aids and services for individuals with disabilities (including individuals' companions with disabilities) to ensure effective communication. Appropriate auxiliary aids and services may include:
 - Qualified interpreters, including American Sign Language interpreters
 - Video remote interpreting
 - Information in alternate formats (including but not limited to large print, recorded audio, and accessible electronic formats)
 - Qualified readers
- **Reasonable modifications.** CMH will provide reasonable modifications for qualified individuals with disabilities, (including individuals' companions with limited English proficiency) when necessary to ensure accessibility and equal opportunity to participate in our programs, activities, services, or other benefits.

To access services for language assistance, auxiliary aids, and/or to obtain reasonable modifications, please ask a CMH team member for assistance.

For additional assistance, you may contact the Section 1557 Coordinator at 207-795-2906 or by mail to 300 Main St., Lewiston, ME 04240.

If you believe CMH has failed to provide these services or has discriminated in another way based on race, color, national origin, sex, age, or disability call the Patient Relations/Compliance Hotline at 207-795-2895 or 207-795-2906.

You may also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

- *Electronically:* <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>
- *Via mail:* U.S. Department of Health & Human Services
200 Independence Avenue, S.W. – 509F
Washington, D.C. 20201