



2025 ANNUAL REPORT

*Securing Our Future*



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## Our Mission

To provide exceptional healthcare services in a safe and trustful environment, through the expertise, commitment and compassion of our team of caregivers.

## Our Vision

Safe, reliable, high-quality care of every patient, every day.

## Our Values

Compassion  
Citizenship  
Integrity  
Service  
Excellence  
Commitment



# A message from our CEO

Each year, in our annual report I pause to reflect—not only on what our team members accomplished—but on who we have become through challenges, change and quiet courage. The past year has again tested the fabric of our health system, and revealed a truth that has never been clearer: the people of Central Maine Healthcare are irrepressible, compassionate and unshakably strong, even in moments that test all of it.

## One Year Later: The Meaning of Remembrance

Last fall, we marked one year since the Lewiston tragedy, a moment that forever changed our city, our hospitals and our hearts. But this anniversary was not just a date on the calendar. It was a mirror which reflected the depth of our collective grief and the strength we found in one another.

The ceremonies, gatherings and quiet moments of remembrance reminded us that healing is not linear. It comes in waves—some soft, some overwhelming. Across our hospitals, care teams wore “Maine Strong” shirts. We lit candles above the Emergency Department again at the exact time the first patient came to CMMC on that night in October 2023 to let the community know we were here again in every way that matters.

## A New Era: Strength Through Partnership

This year, Central Maine Healthcare began a bold new chapter as we set out to join Prime Healthcare Foundation, a national nonprofit with a deeply-rooted mission to preserve and strengthen community hospitals.

This partnership brings more than resources: it brings the promise that care in central Maine will remain local, personal and exceptional. A \$150 million investment over the next five years will be put to work, supporting our clinical teams, upgrading facilities and strengthening the future of our health system in Lewiston, Bridgton, Rumford and beyond.

With Prime Healthcare Foundation by our side, we are no longer simply weathering the storm—we are charting a course that secures our future.

## A Test of Grit: Rising During the June Outage

In June, our healthcare system faced a test that technology could not overcome: a sudden and sweeping system outage that forced us to return, in many ways, to medicine’s roots.

With computer screens dark, many phones quiet and networks still, our team did what they always do best. They cared for patients. Manually, compassionately, brilliantly. They used paper and intuition, memory and heart. Surgeries proceeded. Babies were born. Patients were seen, heard and helped as best we could. Our team turned disruption into determination, proving once again that care is not about technology—it’s about people.

## The Center of It All: Our Extraordinary Team

No annual report would be complete without showing the real heroes of this story: our team members. From the ICU nurse who sat beside a patient in silence, to the IT analyst who restored our systems one careful click at a time, to the housekeeper who made a hospital room feel like home, these are the people who make healing happen. They are the heartbeat of Central Maine Healthcare. And I am honored to work beside them all.

## Looking Ahead: Steady, Strong and Rooted in Purpose

With a partner like Prime Healthcare Foundation behind us, with extraordinary team members among us, a committed and unwavering board of directions guiding us and with your continued trust beside us, we move into a secure new future of healthcare in central, western and Midcoast Maine.

Thank you for walking this journey with us. It’s been quite a year, and every day, in every way that matters, we are honored to care for you.

Wishing you a year of good health,



Steven G. Littleton, DBA

President and CEO, Central Maine Healthcare



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Michelle Kap, MS, RN

## A message from our Chief Nursing Officer

*As chief nursing officer, I am excited about the future of our profession. Nurses are the backbone of patient care, and we are committed to strengthening and growing our numbers at a time when it is more important than ever.*

*With an aging workforce and increasing demand for healthcare, we are focused on retaining experienced nurses while also welcoming and training the next generation of caregivers.*

*We are always looking for ways to bring new nurses into our team through multiple recruitment pathways, and our close partnership with the Maine College of Health Professions remains a cornerstone of that effort. Many of our graduates join our team ready to make a difference, and we continue to expand opportunities and offer new incentives to attract and keep the talented nurses our patients deserve.*

*Every day our nurses deliver expert, compassionate care in every setting — from the fast-paced environment of the Emergency Department to the highly specialized work of cancer care and orthopedics, to the bedside on our medical and surgical units. They manage complex health needs, provide comfort to families, and advocate for patients at every step of their journey. We are proud to build on our tradition of high-quality care.*

*On behalf of all our nurses, thank you for trusting us to care for you. We look forward to serving our community with dedication for years to come.*

## New Vice President of Nursing for Bridgton Hospital

**Kari Paradis**, RN, was named vice president of Nursing and Patient Care at Bridgton Hospital. Kari has been with Central Maine Healthcare for 18 years. In addition to her many leadership roles, Kari has been the recipient of both DAISY and SuperSTAR awards, recognition for her compassionate care of patients, as well as being a role model for team members.

## Congratulations to Some of Our Newest CNAs!

A group of 14 team members successfully completed the “Earn While You Learn” trainee program for CNAs last year and then took the state of Maine certification exam. All 14 of them passed and were offered jobs at CMMC.

“Their hard work, dedication and compassion inspire us all, and we can’t wait to see the incredible impact they’ll have on our community,” said **Christine Gervais**, clinical educator for Central Maine Healthcare. “We welcome them to the next chapter of their healthcare journey.”

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**1** CNAs who passed the state of Maine certification exam and are now Central Maine Healthcare team members. **2** Kari Paradis, RN, VP of Nursing and Patient Care at Bridgton Hospital



# A message from our Chief Medical Officer

Healthcare is changing faster than ever before, and with these changes, we are forced to adapt quickly. At Central Maine Healthcare, the past year has shown us one thing remains constant: the incredible dedication we have to our patients and our central Maine community. Faced with tremendous challenges, including a prolonged system outage, our providers and team members did everything to maintain the highest quality and most comprehensive service to our patients in the region.

For this reason, the medical staff at Central Maine Healthcare is excited about the opportunities ahead with Prime Healthcare Foundation's planned acquisition of our health system. With the help of their resources, we will be able to deliver care more efficiently, have access to medical equipment and quality programs and be in a better position to recruit talented providers to our healthcare community. We will also have access to technology and the systems required to build programs, track

outcomes, participate in care registries and improve patient access. We will leverage Prime Healthcare Foundation's expertise in graduate medical education and train the providers and medical staff for our next generation of Central Maine Healthcare team members.

We have always marched forward, even in the setting of change. We have grown the oncology, orthopedics and women's and children's service lines and expanded the Central Maine Heart and Vascular Institute (CMHVI). Our medical staff continues to look forward to strengthening the care we provide in our community, earning your trust every day.

Thank you for choosing us to care for you and your families, and we look forward to caring for you in the future.



## Physician Leadership



**Michael Berlowitz, MD**  
Chief of Central Maine Heart and Vascular Institute



**Rebecca Brakeley, MD**  
Chief of Women's and Children's Health



**Bethany Picker, MD**  
Medical Director, Family Medicine Residency



**Erwey Teng, MD**  
Chief of Medical Specialties



**Lauren Adey, MD**  
Chief of Orthopedics



**Tim Counihan, MD**  
Chief of Surgery  
Chief of the Oncology Institute



**Mike Stadnicki, MD**  
Chief of Primary Care



**Tasha Duval, DO**  
Chief of Obstetrics and Gynecology



**Kanishka Bhattacharya, MD**  
Chief of Gastroenterology



**Tiara Sanborn, DO**  
Chief of Hospital Medicine



**AnnMarie R. Lattanzi, MD**  
Chief of Emergency Medicine

# Highlights from Our Centers of Excellence

**Rebecca M. Brakeley, MD,**  
*Associate Chief Medical Officer,  
Chief of Women's and Children's Health,  
Pediatric Hospitalist*

The year started with CMMC once again being named by Newsweek™ as one of the best maternity hospitals in the country. Our talented team of doctors, nurses and midwives helped bring 797 babies into the world last year. And this year, CMMC has the distinction of having the first birth in the state on New Year's Day. Our team continues to grow with **Sara Goldsholl, MD**, who is an OB-GYN doctor. We will also have two new pediatricians and pediatric hospitalists joining the team soon. In another major development, **Joe Anderson, DO**, has been promoted from pediatric hospitalist to director of Pediatric Hospital Medicine for Central Maine Healthcare.

**From Timothy Counihan, MD,**  
*Chief of the Oncology Institute*

Oncology at Central Maine Healthcare continues to deliver compassionate, high-quality cancer care, recognized by our Commission on Cancer accreditation and our NAPBC (National Accreditation Program for Breast Centers) accreditation. Our growing relationship with New England Cancer Specialists enhances access to advanced therapies and continues to exceed expectations. This year, we also said goodbye to **Nichollette Erickson, MD**, a dedicated and beloved physician who served our medical oncology patients for 35 years, leaving a lasting legacy of care and commitment. We also thank **Hector Tarraza, MD**, for his years of dedicated service as a surgical gynecological oncologist to the patients of central Maine and as Chief of the Oncology Institute.

**Michael Berlowitz, MD,**  
*Chief of Central Maine Heart  
and Vascular Institute*

Central Maine Heart and Vascular Institute (CMHVI) led the way in Maine on several fronts.

We were the first to introduce the WATCHMAN™ left atrial appendage closure device, providing an alternative to blood thinners for stroke prevention in our atrial fibrillation patients.

CMHVI doubled the number of ablations performed. CMHVI was also the first in the state to perform an implant of a dual chamber leadless pacemaker.

Our interventional and structural heart program has also made great strides, training more providers to perform TAVR, a less invasive aortic valve replacement procedure, and for the first time in three years, CMHVI brought the percutaneous atrial septal defect closure program back to central Maine. (Continued on page 5.)







(Continued from page 4.) Several important outpatient programs were also established this year, including a specialized hypertension and lipid clinic, as well as a specialized primary prevention clinic. All together, these innovations position CMHVI as a statewide leader in advanced cardiovascular care.

### From Timothy Counihan, MD, Chief of Surgery

Central Maine Healthcare is proud to enhance our surgical services with the addition of **David Rydell, DO**. A native Mainer, Dr. Rydell brings 29 years of expertise in general, trauma and acute care surgery, with a focus on minimally invasive and robotic techniques. Robotic-assisted surgery offers greater precision, smaller incisions, faster recovery times and better outcomes for patients, representing an important advancement in surgical care.

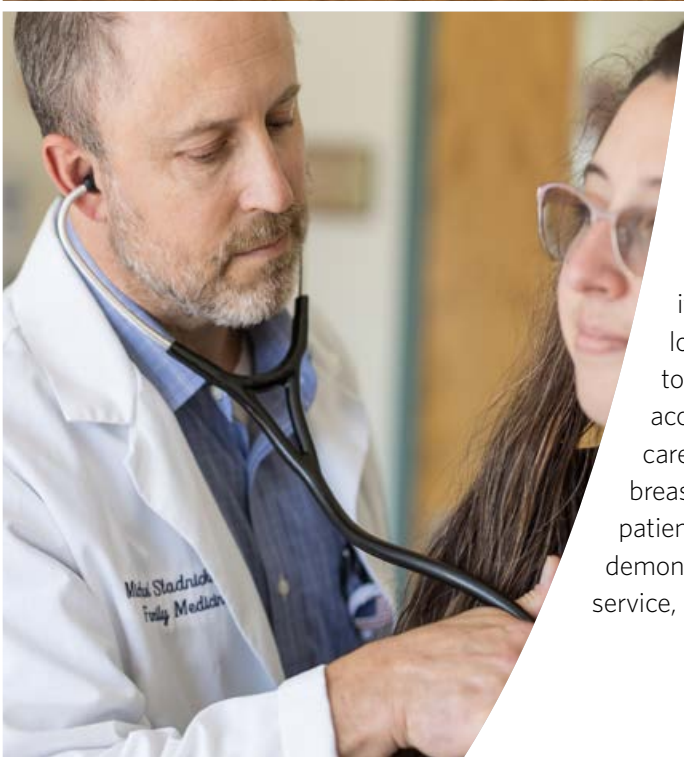
Dr. Rydell joins an outstanding team of highly skilled surgeons who provide the highest quality care for our community. With an exceptional roster of surgical talent already in place, patients across central Maine have access to the latest techniques and compassionate care, close to home.



### Lauren Adey, MD, Chief of Orthopedics

Central Maine Healthcare strengthened its orthopedics team with three new providers: **Saad Mohammad, DO**, a fellowship-trained orthopedic trauma surgeon at CMMC; **Bruce Hamilton-Dick, MD**, a veteran sports medicine and general orthopedics specialist serving patients across the health system and **Dennis Sullivan, MD**, a knee and shoulder surgeon providing care in the Lakes Region and River Valley. The orthopedics team also said goodbye to **David Brown, MD**, an orthopedic trauma surgeon who retired after more than 35 years of dedicated service to the community.

Central Maine Healthcare Orthopedics continued to expand its availability of services at Rumford Hospital and Bridgton Hospital. And now patients in the Midcoast area have same-day access to orthopedic care at Topsham Care Center.



### From Michael Stadnicki, MD, Chief of Primary Care

To better serve our community and increase access to care, our primary care team has added additional providers and expanded appointment availability across many of our practices, making it easier for patients to get the treatment they need when they need it. We've also introduced online scheduling at all of our primary care locations, providing a convenient and user-friendly way for patients to book their visits at their own convenience. In addition to improving access, we remain deeply committed to delivering high-quality care, reflected in our continued progress in increasing colorectal and breast cancer screening rates and encouraging more of our Medicare patients to complete their annual wellness visits. These improvements demonstrate our dedication to both preventive care and patient-centered service, helping our community stay healthier and more connected.





# Seals of Approval

## A Recovery Friendly Workplace

Central Maine Healthcare was designated a Recovery Friendly Workplace by the state of Maine in 2024. This initiative encourages businesses to support people facing and recovering from addiction.



**RECOVERY FRIENDLY  
WORKPLACE  
MAINE**

Central Maine Healthcare’s designation was announced at Governor Mills’ 6th Annual Opioid Response Summit. **Rick Redmond**, system director of Behavioral Health, participated in the summit and said becoming a Recovery Friendly Workplace is all part of Central Maine Healthcare’s commitment to providing a safe, supportive environment for our team members.

## Major Accomplishment for OB-GYN Team

CMMC’s OB-GYN team made impressive strides this year to improve patient care and outcomes. Any time a C-section is performed, there is inherent risk to mother and baby, and therefore is only done when medically necessary.

The team spent the last two years working diligently and not only met the national standard, but exceeded all expectations set out by the Joint Commission.

## Maternity Recognized as ‘High Performing’

U.S. News & World Report™ recognized CMMC as “High Performing in Maternity Care” in 2024. CMMC scored significantly higher than average on a variety of quality measures, securing the endorsement.



“What an honor it is for our maternity department to once again receive this recognition,” said **Rebecca Brakeley, MD**, chief of women’s and children’s health. “Few life events are as significant as childbirth, and the people of central Maine are very fortunate to have such dedicated and skilled healthcare professionals available to them when the time comes.”

- 1 Rick Redmond, system director of Behavior Health at Opioid Response Summit 2 Young couple with their newborn child at CMMC 3 Kevin Morneault, DO and Nicholas Knowland, MD 4 Team members buddy up for breast screenings 5 OB-GYN team members celebrate Joint Commission certification 6 CMMC stroke team gets national recognition





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## Anesthesiologists Earn New Expert Accreditation

Congratulations to cardiac anesthesiologists **Kevin Morneault, DO**, and **Nicholas Knowland, MD**, for passing the Adult Cardiac Anesthesiology board exam. Earning this new certification means these providers are considered experts in the imaging, diagnosis, physiology, pharmacology and management of care for adults whose cardiac disease requires leading-edge techniques, interventions and the latest treatment technology.

"This shows that our department takes the subspecialty seriously and allows us to demonstrate a level of expertise on par with other institutions providing cardiac surgery," Dr. Morneault said.

## CMMC Nationally Recognized For Stroke Care

Central Maine Medical Center achieved Get with the Guidelines® Stroke Gold Plus recognition from the American Heart Association, which rated CMMC among the best hospitals in the nation for its care of stroke patients. CMMC also received high marks for its treatment of stroke patients who have diabetes.

"CMMC is committed to improving patient care, and the Get with the Guidelines program makes it easier for our teams to put proven knowledge and guidelines to work every day," said **Angela Dubuc**, system director of Quality Services for Central Maine Healthcare.



## Accreditations and Certifications



CERTIFICATION  
Meets standards for  
**Primary Stroke Center**



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Dick Kropp, EdD

## A message from our Chief People Officer

We made meaningful progress recruiting and retaining the talented people who make Central Maine Healthcare so special. Through local partnerships, earn-to-learn programs and other innovative strategies, we welcomed new nurses, technicians, clinicians and other team members into our workforce.

At the same time, mentorship and engagement efforts improved retention and strengthened our team culture. We invested \$3.5 million in competitive wage adjustments for our team members and are proud to report our retention rate exceeded expectations, with over 92% of first-year team members choosing to stay and make their career at Central Maine Healthcare.

Looking ahead, planned investments in technology, facilities and our workforce will help us attract top candidates and retain exceptional team members across all specialties. Our people are the heart of Central Maine Healthcare, and we remain committed to making our health system place where the best professionals want to build their careers.

# Our team members are awesome

## Recognizing Our Veterans

For more than a decade, a "Veteran's Wall" has been maintained at Central Maine Heart and Vascular Institute as a pictorial tribute to those who have served our country. Many were patients of **Michael Ricci, MD**, the former chief of vascular surgery and a former flight surgeon for the US Air Force. Dr. Ricci created the wall to honor his fellow service men and women. He photographed, printed, framed and mounted the photos as a heartfelt homage to hundreds of patients and their dedication to our country.

## Central Maine Healthcare Osteopaths Honored

The Maine Osteopathic Association honored several Central Maine Healthcare osteopaths during their national convention. **Joseph Anderson, DO**, a pediatric hospitalist at CMMC, was recognized as the 2024 Young Osteopathic Physician of the Year for his advocacy of gun reform and other pediatric issues.

**Paul Vinsel, DO**, received the Roswell P. Bates, DO, Public Service Award. Dr. Vinsel is a physician in the Emergency Department at CMMC and was recognized for outstanding achievement for services that enhance and demonstrate the osteopathic profession's commitment to service above and beyond patient care.

And a third award went to **Austin Vaughan, DO**, of CMMC's Family Medicine Residency. Dr. Vaughan received the Presidential Citation for his commitment to advocacy and for his willingness to go above and beyond for the Maine Osteopathic Association community.







## Celebrating Healthcare Heroes

Internal medicine providers **Lise Cloutier, MD**, and **Pamela Ross, MD**, were awarded the 2024 United Healthcare Hero Award.

The award recognizes physicians who meet or exceed patient experience targets. "This is an award that honors physicians who consistently provide exceptional patient care," said **Becky Dube**, senior vice president of clinical integration and Accountable Care Organization, Central Maine Healthcare. "Dr. Cloutier and Dr. Ross were two of only seven Maine physicians to receive this award, and we couldn't be more proud."

- 1 Michael Ricci, MD, at Veterans Wall he created
- 2 Members of the Cancer Care Center radiology team
- 3 Community Pantry at the Cancer Care Center
- 4 Joseph Anderson, DO, Young Osteopathic Physician of the Year
- 5 Paul Vinsel, DO, recognized for service above and beyond patient care
- 6 Austin Vaughan, DO, recipient of Presidential Citation
- 7 Lise Cloutier, MD, United Healthcare Hero Award winner
- 8 Pamela Ross, MD, United Healthcare Hero Award winner
- 9 Team members celebrate Heart Health Month by wearing red on Fridays throughout February

## Loaves of Love for Patients

Every holiday season, radiology team members at the Cancer Care Center bake loaves of delicious bread for their patients and families.

"This is a tradition that's been happening for 35 years," said **Theresa Nadeau**, radiation therapist. "Our patients are always very excited about choosing their favorite bread baked by the people who care for them."

The bread is only part of what oncology is serving up. The nurse navigator team also started a community pantry, where they collect food and donate it to patients in need.

"A lot of the people in our community face extremely difficult challenges with food insecurity," said **Jennifer Godomsky**, RN, oncology nurse navigator. We hope the community pantry will make a difference."

## Making Hockey Safer

It was an exciting year for Bridgton Hospital's **Dennis Sullivan, MD**. Dr. Sullivan is an orthopedic surgeon and was presented with the 2025 USA Hockey Excellence in Safety Award. The award recognizes those who make outstanding contributions to make hockey safer for all participants.





## Team Member Stories

# Overwhelming Generosity for a Dedicated Colleague

**Corie Hubbard**, an anesthesiologist technician, made a big impression on his colleagues from his very first day at CMMC.

"Corie is wonderful. He never misses a day of work and is always so positive," said **Tina Moring**, CRNA, chief for the nurse anesthesia team.

But shortly after he started working at the hospital, Corie fell on hard times. Finding himself without a car, he had to piece together rides to work. This went on for months.

"It was very challenging, and I almost gave up hope," Corie said. "Even though I was trying to get ahead, every time I came close to buying a car, something else would happen."

Tina and the entire perioperative team came together to help. They aimed to raise \$5,000 for Corie to buy a used car, but they quickly surpassed their goal.



"In just 10 days, we raised \$11,000," Tina said. "I was overwhelmed by the generosity of his team members, as well as other staff who barely knew him."

The team was able to buy Corie a used car and paid for the registration and six months of insurance. A crowd of surgeons, nurses, technicians and others surprised Corie in the hospital garage.

"It felt like a dream. It was mind-blowing," Corie said. "I have never cried so much in my life."

Corie said he was raised to be respectful and work hard. His team members say he deserves the vehicle and every bit of the love he's getting.

"I am so grateful and so humbled," Corie said. "To see all of the people who made this happen for me. I want everyone to know what they did. I want everyone to know the kind of place this is and the kind of people who work here. It's been life-changing."







# System Outage and Restoration

**On June 1, a system outage affected all Central Maine Healthcare computers, systems and phones. Below is a message from President and CEO Steve Littleton to the community as operations and services were restored.**

Dear patients and friends of Central Maine Healthcare,

I am pleased to share that our systems have been fully restored following the recent system outage. I know this disruption affected many of you, and I am deeply grateful for your patience and understanding.

I fully acknowledge that this event created difficulty for many of our patients and families. The interruption of access to your care team, the patient portal, appointment scheduling, obtaining prescriptions and lack of normal communication was frustrating, and we sincerely apologize for the inconvenience and distress it may have caused.

Not being able to reach you—and you not being able to reach us—were among the hardest aspects of the outage. We missed speaking with you, hearing from you and supporting you in real time. If you visited us in person at Central Maine Medical Center, Bridgton Hospital, Rumford Hospital or one of our physician practices—thank you. If you connected with us through social media or our temporary website, thank you for staying engaged.

From the moment the outage was detected, our information technology teams—alongside national cybersecurity experts—acted swiftly to contain and assess the situation and begin the process of analysis and secure restoration.

The dedication of our team members and caregivers never wavered. Our doctors, nurses and clinical teams moved quickly—relying on tireless coordination—to ensure you and your family continued to receive the compassionate, high-quality care you deserve. Our emergency departments and physician practices were as busy as ever, and we remained focused on delivering care despite the circumstances.

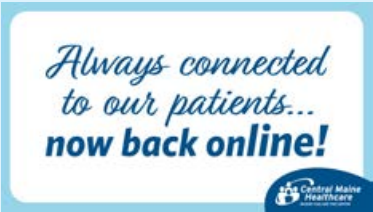
We also heard from clinicians who found moments of meaning and connection without the computer screens of doctor’s offices—an unexpected silver lining. Some recalled a time when paper systems were standard and shared that knowledge with younger colleagues. But while there was a touch of nostalgia, it was also a difficult path. Our caregivers deserve special thanks

for their adaptability, resilience and unwavering dedication to patients.

In addition to all of you, I extend my heartfelt appreciation to our 3,200 team members—especially our information technology

team—that worked around the clock to restore hundreds of servers and thousands of workstations.

We have emerged a stronger, more secure health system. We are more connected and more committed than ever to taking care of you—whether on paper or online, it’s truly the people that matter most.







Stephany Jacques, RN

## A message from our President

*This year we expanded access to high-quality, patient-centered services, added new providers in primary care and specialty clinics, introduced advanced pulmonary function testing and strengthened our swing bed programs to help patients recover closer to home. In May, our annual Bridgton Community Health Fair returned. It was a wonderful celebration of community connection.*

*Looking ahead, the pending acquisition of Central Maine Healthcare by the Prime Healthcare Foundation brings an even greater promise. The commitment to invest \$150 million over five years across the Central Maine Healthcare system will include much-needed renovation of the emergency rooms at both Bridgton Hospital and Rumford Hospital.*

*As a River Valley native and lifelong advocate for rural healthcare, I'm deeply honored to guide these efforts, and I'm grateful to our dedicated teams, community partners and patients. Your trust and collaboration continue to help us move forward.*



# Bridgton Hospital

## The Bridgton Community Health Fair Returns

The Bridgton Community Health Fair made a much-welcomed return to Bridgton Hospital, drawing a strong turnout from the Lakes Region community.

After a hiatus due to the pandemic, the event provided residents with opportunities to tour the hospital and learn about its expanded services, including new offerings in cardiology, orthopedics and oncology. Attendees could also take advantage of onsite mammograms and connect with primary care doctors to become new patients, reflecting Bridgton Hospital's commitment to accessible and comprehensive healthcare.



## Team Member Receives Rural Health Award

**Nancy Murphy**, RN, was honored as a Rural Health Community Star for "her leadership, dedication and unwavering commitment to enhancing the well-being of rural communities in Maine."

## New Imaging Equipment for Bridgton and Rumford

Thanks to a grant supported by Senator Susan Collins and led by the Central Maine Healthcare philanthropy team, Rumford Hospital and Bridgton Hospital have new medical imaging devices called C-arms, to replace older versions. The C-arm uses X-rays to create real-time images of a patient's body. In addition, Rumford Hospital secured a mobile X-ray machine. The new units will provide state-of-the-art technology that will increase the quality of images and reduce delays in patient care.

- 1 Nancy Murphy receives Rural Health Community Star award during ceremony at Maine State House 2 New imaging equipment arrives at Rumford Hospital 3 Rumford Hospital ED receives Rural Stroke Silver Award 4 Rumford Hospital's new pulmonary function test lab







# Rumford Hospital

## Rumford Emergency Department Recognized for Stroke Care

Rumford Hospital's Emergency Department has been presented with The American Heart Association's Get with the Guidelines® Rural Stroke Silver Award. The distinction rewards Rumford for using the most up-to-date, evidence-based treatment guidelines to improve care and outcomes for patients recovering from a stroke.

"The ED truly deserves this recognition," said **Jenifer Madore**, vice president of Nursing and Patient Services at Rumford Hospital. "These team members are committed every day to making a difference in the lives of their patients."

## Rumford Hospital and Bridgton Hospital Helping Patients Breathe Better

Both Rumford Hospital and Bridgton Hospital now offer onsite pulmonary function labs. The labs are staffed by board-certified pulmonologists and respiratory therapists.

Services include diagnostic testing, such as spirometry, lung volume measurement as well as cardiopulmonary stress evaluations.

These facilities are ideal for assessing lung health and diagnosing conditions like asthma, COPD or unexplained breathlessness. The labs are also used to diagnose and monitor cystic fibrosis and help determine the best treatment options.

The addition of these labs allows our patients in both the River Valley and in the Lakes Region to access pulmonary health services close to home.

## New Providers in Our Rural Hospitals and Practices

Central Maine Healthcare is very fortunate to have been joined by some exceptional providers who are practicing in our rural hospitals and practices.

**Leah Gestov, MD**, is practicing at Swift River Family Medicine on the Rumford Hospital Campus. She is joined at Swift River by **Bethany Masse, NP**. **Dennis Sullivan, MD**, sees patients at both Bridgton Hospital and Rumford Hospital.

**Chaddwick McBeigh, PA-C** is practicing at North Bridgton Family Practice.

**Jonathan Beal, NP**, is at Naples Family Practice, and **Violetta Wierzbicka, PA**, is seeing patients at Elsmore Dixfield Family Medicine.





# Central Maine Medical Center



## First CMMC Patient Receives New Prostate Medication

Central Maine Healthcare now has another weapon in the battle against cancer.

A team of oncologists, nuclear medicine technologists and radiologists at CMMC administered their first Pluvicto treatment to a patient in February. Pluvicto® is a new drug therapy that uses a radioactive drug to target prostate cancer cells. The treatment has been proven to significantly improve survival rates and quality of life for prostate cancer patients.

## Surgical Technologist Program

Two Central Maine Healthcare team members took part in the healthcare system's new Earn-to-Learn surgical technology program.

**Jacqueline Kukulski** and **Mackaylee Mason** completed a nine-month program where they were trained to work as surgical technologists in the operating room. These are the professionals who work alongside surgeons, nurses and other members of the healthcare team during surgeries.



## CMHVI is Trailblazer in New Implant Surgery

CMMC is the first hospital in Maine to complete a dual chamber leadless (wireless) pacemaker implant. The electrophysiology team at Central Maine Heart and Vascular Institute (CMHVI) successfully performed the implant using the AVEIR™ dual chamber pacemaker, an implantable device that stimulates the heart's two main chambers. The wireless pacemaker has a lower risk of infection, making it ideal for patients who have abnormally slow heart rhythms and require pacing in both chambers of the heart.

"Now we can do this without the need for surgically implanted wires or battery packs," said **Joseph Dell'Orfano, MD**, CMMC electrophysiologist. "I'm proud we could bring this technology to our patients in Maine."

## CMMC Main Entrance Receives Facelift

We all know how important first impressions are, and Central Maine Healthcare was pleased to complete work on the new main entrance to CMMC. The new walkway offers a safer, more accessible and aesthetically pleasing welcome for everyone, especially those who are dependent on wheelchairs and walking aids.

- 1 *Jaqueline Kukulski and Mackaylee Mason*
- 2 *Members of Central Maine Healthcare's electrophysiology team*
- 3 *Team members celebrate reopening of main entrance*
- 4 *First patient to receive new prostate treatment*
- 5 *Mother of first baby born in Maine in 2025*







## *First Anniversary of Lewiston Tragedy*

### **When It Mattered Most**

Team members, leaders, survivors and guests gathered in the halls of CMMC on October 25, the one-year anniversary of the Lewiston tragedy. Doctors, nurses and senior leaders paid tribute to the victims, while praising team members for their courage and compassion.

"The first message I sent to you all after the events of Oct. 25 mentioned the absolutely heroic efforts of our entire Central Maine Healthcare team who responded and provided expert and compassionate care during one of the most challenging events in our history," said **Steve Littleton**, president and CEO. "That sentiment is still true today. One year later, I continue to be incredibly proud and in awe of how you pulled together. How despite your own fears, pain and grief, you were there for each other and for our community when it mattered most."



### **CMH Community Comes Together for Commemorative Blood Drive**

Team members, neighbors and friends rolled up their sleeves for the first annual *One Lewiston* blood drive. The two-day drive was a tribute to the victims and their loved ones. The goal of the drive was to raise 1,025 units of blood, symbolizing the date of the 2023 tragedy.

Central Maine Healthcare partnered with the American Red Cross and LifeFlight of Maine to host the drives at Central Maine Medical Center.





# Secure Our Future

## 2025 began with a major announcement from Central Maine Healthcare.

In January, the Central Maine Healthcare (CMH) Board of Directors and Prime Healthcare Foundation announced they had reached an agreement for Prime Healthcare Foundation to become the sole corporate member and parent company of Central Maine Healthcare, pending regulatory approvals.

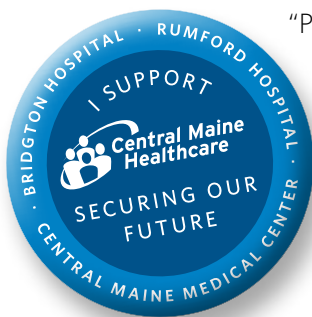
Under the agreement, Prime Healthcare Foundation, headquartered in Ontario, California, a 501(c)(3) public charity founded in 2006, affiliated with Prime Healthcare and operating 14 not-for-profit hospitals in six states, would become the owner of all Central Maine Healthcare services and facilities, which will retain their current names and local leadership.

Prime Healthcare Foundation will offer substantially all Central Maine Healthcare team members positions at comparable wages and benefits, and they will honor provider and physician contracts.

Central Maine Healthcare Board Chairman **Devore Culver** said Prime Healthcare Foundation was chosen after a thorough evaluation of the system's mission, vision and values, and a review of their track record of investing in hospitals to improve healthcare, especially in vulnerable communities throughout the country.

"I was convinced Prime Healthcare Foundation would be the right partner for Central Maine Healthcare after meeting with their senior leaders and visiting

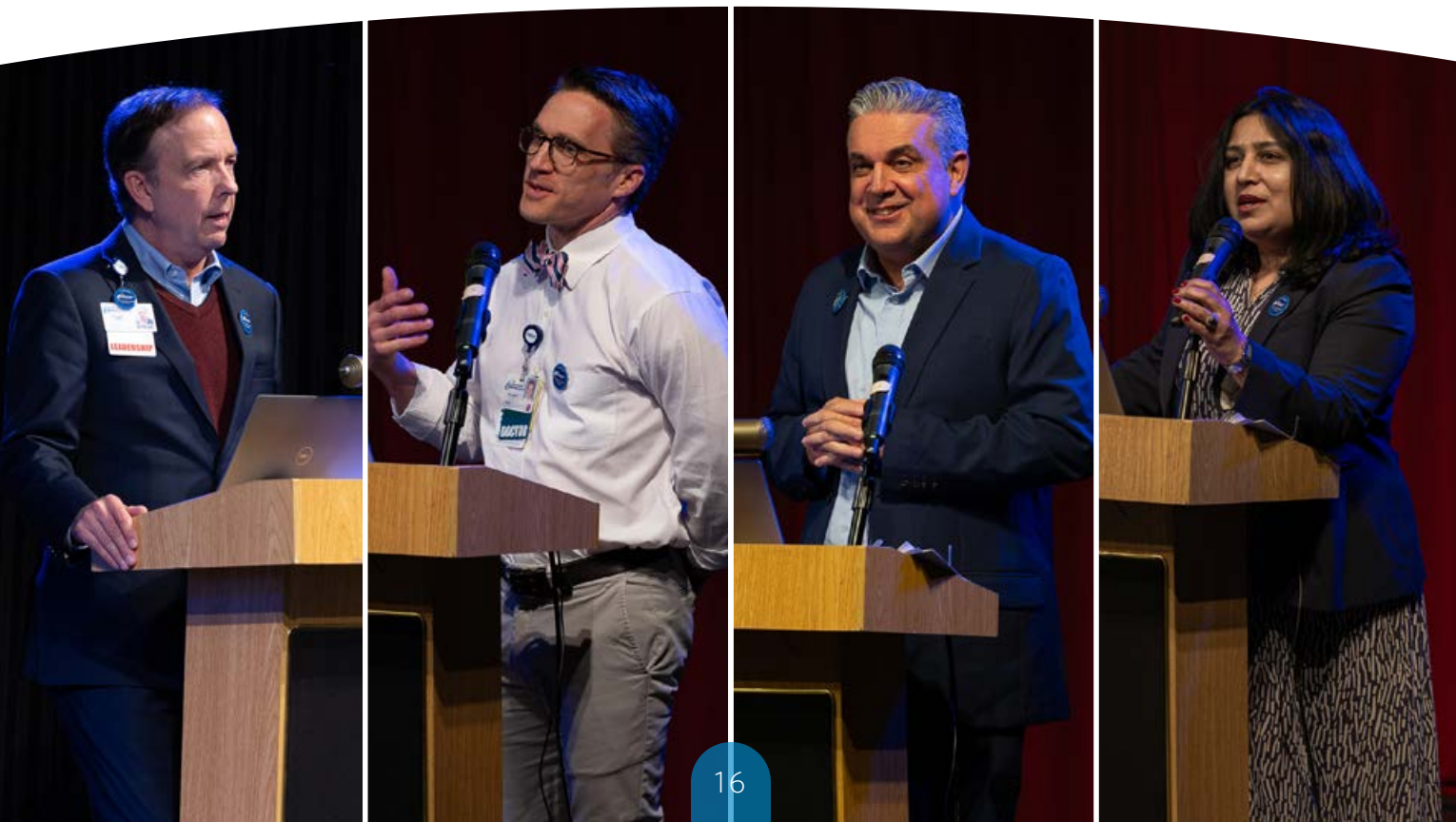
its hospital in Woonsocket, RI," he said. "We saw firsthand how Prime Healthcare Foundation cares about people, invests in technology and values community partnerships to secure the vibrant future of critical healthcare resources."



"Prime Healthcare Foundation has made a tremendous commitment to investing in our people, our facilities and equipment, and to improving access to quality healthcare throughout central Maine," said **Steve Littleton**, president and CEO, Central Maine Healthcare. "As part of Prime Healthcare Foundation, we will now have the capability and the resources to attract and retain top talent, improve quality and access to care, and address unmet healthcare needs across central Maine."

Prime Healthcare Foundation's acquisition of Central Maine Healthcare is expected to be completed by the end of 2025.

*Pictured below left to right: Central Maine Healthcare President and CEO Steve Littleton, DBA, David Salko, MD, Central Maine Healthcare, Prime Healthcare Vice President of External Affairs and Communications Fred Ortega, Prime Healthcare CEO Region II, Corporate Chief Medical Officer and Chief Academic Officer Sonia Mehta, MD*





# Overwhelming support for acquisition

Among the items Maine regulators will consider in the Certificate of Need process are written letters of support. This proposed acquisition has received strong support not only from government leaders and chambers of commerce, but also from other Maine hospitals that recognize the importance of keeping Central Maine Healthcare financially healthy.

“ Maine needs competent, experienced and respected health systems partners to invest in our communities and expand access to quality health care services. — **KENNETH ALBERT, RN, ESQ., PRESIDENT & CEO ANDWELL HEALTH PARTNERS**


“ The Greater Bridgton Chamber of Commerce believes that Prime Healthcare Foundation is the right choice for CMH and the right choice for the Bridgton community. — **GREATER BRIDGTON CHAMBER OF COMMERCE**

“ Central Maine Healthcare has done a careful review of the acquisition arrangement and has taken a thoughtful and proactive approach to ensuring the long-term viability of the system. — **TREVOR PUTNOKY, PRESIDENT & CEO, HEALTHCARE PURCHASER ALLIANCE OF MAINE**


“ Reasonable access to some of these critical services, such as trauma, advanced cardiovascular, and neonatal services, is only available to our residents through Central Maine Healthcare. Additionally, their commitment to expanding medical and related healthcare education will have a significant impact on the availability of medical professionals in our community. — **JEFFREY HARMON, MAYOR, CITY OF AUBURN**

“ CMH provides critical healthcare services to the residents of Lewiston, ME. Central Maine Medical Center (CMMC) is one of only three regional referral centers in the state offering trauma, advanced cardiovascular, and neonatal services... We believe that this acquisition is necessary to strengthen and preserve healthcare in the Lewiston community. — **MAYOR CARL SHELIN, CITY OF LEWISTON**


“ CMH’s legacy of service to the residents of central Maine aligns with its mission to improve lives and uplift communities by providing access to the highest quality, compassionate care, close to home- when and where people need it the most. — **TIMOTHY J. DENTRY, PRESIDENT & CEO, NORTHERN LIGHT HEALTH**



Rich Lawrence, Program Manager  
Healthcare Oversight Unit  
Division of Licensing & Certification  
Maine Department of Health and Human Services



CHAMBER OF COMMERCE




HEALTHCARE PURCHASER ALLIANCE OF MAINE

March 17, 2025

Trevor Putnok, CEO  
Healthcare Purchaser Alliance of Maine  
366 US Route 1, Suite 3  
Falmouth, ME 04105


Re: CMH Certificate of Need



City of Auburn, Maine  
Office of the Mayor  
60 Court Street | Auburn, Maine 04210  
www.auburnmaine.gov | 207.333.6601


March 25, 2025

Rich Lawrence, Program Manager  
Healthcare Oversight Unit  
Division of Licensing & Certification



Mayor

Rich Lawrence, Program Manager  
Healthcare Oversight Unit



March 3, 2025

To Whom it May Concern:

Please accept this letter of support for Central Maine Healthcare's (CMH) Certificate of Need application for their transaction with Prime Healthcare Foundation (PHF) to secure \$150 million in investments in CMH's people, facilities, and technology across the health system over the next 5 years.

CMH is an integrated healthcare delivery system serving 400,000 people living in central, western, and mid-coast Maine, with over 600 physicians and advanced practice professionals in more than 40 locations. CMH is an essential provider of comprehensive healthcare for the people of central and western Maine. CMH's hospital facilities include Central Maine Medical Center (CMMC), Bridgton Hospital, and Rumford Hospital. CMH also owns and operates two long-term care facilities.

Northern Light Eastern Maine Medical Center and CMMC are two of the only three regional referral centers in the state offering trauma, advanced cardiovascular, and neonatal services. In addition, CMMC is the sole provider of maternity and critical care services for the second largest municipality in Maine, Lewiston.

The healthcare providers and hospital systems in Maine have weathered significant, sustained, and well-documented financial challenges over the past five years. According to the Maine Health Data Organization (MHDO), all of the major health systems in Maine experienced negative operating margins at the end of FY23. CMH is in critical need of a significant capital infusion after struggling with a weak balance sheet since before the pandemic.

CMH's acquisition by PHF will preserve its not-for-profit status as well as local governance and management. In addition, the transaction will result in a new community foundation, which will provide influence and oversight of CMH and PHF through the appointment of members to the boards of directors of both CMH and PHF. Charity care and community benefit programs will continue, preserving the health system's role as a valued community partner.

PHF has a track record of investing in local community healthcare and is very capable of investing in the State of Maine. PHF has more than \$1.3 billion in assets and has provided more than \$3 billion in charity care since its founding in 2006.

Office of the CEO  
43 Whiting Hill Road  
Suite 500  
Brewer, ME 04412

Office: 207.933.7000

Northern Light Health  
Acadia Hospital  
A.R. Gould Hospital  
Blue Hill Hospital  
C.A. Dean Hospital  
Eastern Maine Medical Center  
Home Care & Hospice  
Inland Hospital  
Maine Coast Hospital  
Maine Hospital  
Mercy Hospital  
Northern Light Health  
Seabrook Valley Hospital





David Paulosky, MBA

## A message from our Chief Financial Officer



This was a year of tremendous growth and improved financial performance for our health system. Through 11 months of the fiscal year ending in May 2025, admission volume increased by 3% over the prior year. Emergency Department visits and total surgeries both increased by 5%. All of these numbers suggest improved access to healthcare for the patients we serve throughout central Maine.

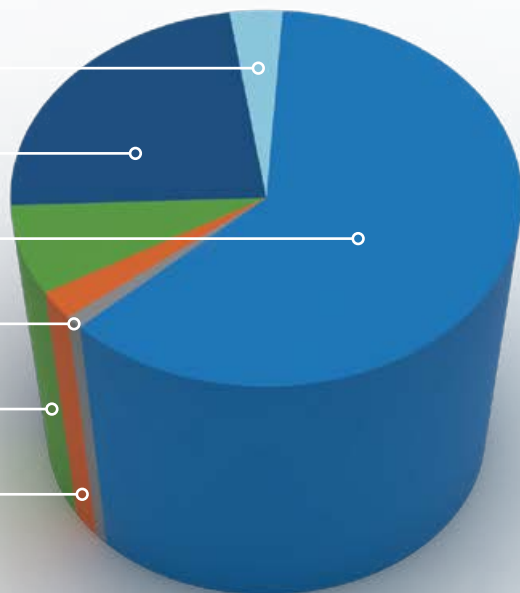
The increased volume of patient care activity drove improved financial performance as well. For the 10 months ending in April, total income (excess of revenues over expenses) increased by \$36 million over the prior year. The improved financial performance provided funding for an annual across the board wage increase for all eligible team members, competitive market wage adjustments for half of our team members, and significant capital investments in clinical equipment and infrastructure.

The improvement in overall performance of the health system paves the way for an even bigger investment by Prime Healthcare Foundation beginning next year, following regulatory approval. Their investments will greatly enhance our ability to expand access, enhance our facilities and upgrade our clinical technology, all in order to provide the quality of care our patients expect and deserve.

## Community benefit investments

- Financial assistance to help others
- Unpaid costs of Medicaid
- Medicaid means-tested program
- Community health improvement benefits
- Charity care to those unable to pay
- Health professions education

**Total: \$77,966,197**







## Statement of operations

	FY2023 Actual	FY2024 Actual
<b>Total Operating Revenue</b>	<b>\$617,182,449</b>	<b>\$604,888,161</b>
Labor expenses	\$339,445,995	\$364,247,542
Supplies and other	\$256,532,341	\$246,766,685
Depreciation and amortization	\$21,635,071	\$18,400,774
Interest	\$4,815,174	\$4,979,874
<b>Total Operating Expenses</b>	<b>\$622,428,581</b>	<b>\$634,394,875</b>
Non operating revenue	\$14,570,014	\$10,045,226
Grant funds / net assets	\$1,183,022	\$885,272
Change in benefit pension plan	\$(2,372,576)	\$(698,338)
<b>Increase/(Decrease) in Net Assets without Donor Restrictions</b>	<b>\$8,134,328</b>	<b>\$(19,274,554)</b>

## Balance sheet

<b>Assets</b>	<b>FY2023 Actual</b>	<b>FY2024 Actual</b>
Total current assets	\$192,788,382	\$174,488,454
Assets limited as to use	\$86,914,905	\$97,851,976
Property and equipment, net	\$125,041,608	\$118,095,495
Right of use operating lease assets	\$15,051,286	\$14,288,987
Finance lease assets	\$33,922,721	\$30,493,711
Other assets	\$71,427,223	\$76,720,060
<b>Total Assets</b>	<b>\$525,146,125</b>	<b>\$511,938,683</b>
<b>Liabilities</b>		
Current liabilities	\$87,261,570	\$93,591,886
Long term debt	\$88,538,270	\$80,990,301
Lease liabilities	\$48,155,393	\$44,009,477
Pension liabilities	\$25,612,103	\$32,149,919
Estimated self insurance cost	\$30,475,791	\$29,116,658
Other liabilities	\$29,675,616	\$32,866,811
<b>Total liabilities</b>	<b>\$309,718,743</b>	<b>\$312,725,052</b>
<b>Net assets</b>		
Without donor restrictions	\$188,055,152	\$168,780,598
With donor restrictions	\$27,372,230	\$30,433,033
<b>Total net assets</b>	<b>\$215,427,382</b>	<b>\$199,213,631</b>
<b>Total liabilities &amp; net assets</b>	<b>\$525,146,125</b>	<b>\$511,938,683</b>



## Patient Stories

# Family Medicine Team Springs Into Action for Surprise Delivery

January 15, 2025 started like any other day at Minot Avenue Family Medicine — until a medical emergency turned into a heartwarming, unforgettable moment for the entire team.

Medical assistant **Alexis Libby** was midway through her shift when she suddenly went into labor. With no time to spare, her colleagues rallied around her, transforming an ordinary exam room into an impromptu delivery room.

Leading the charge was **Nathan Raby, MD**, who calmly took command of the situation. Supported by his quick-thinking team and real-time guidance from the CMMC maternity ward, Dr. Raby helped deliver a healthy baby boy — right there at Minot Avenue.

*"We don't deliver babies at Minot Avenue Family Medicine," Dr. Raby said with a smile. "This was a first for our team — and my first delivery since residency, nearly 20 years ago."*

Thanks to their teamwork, composure and care under pressure, the team not only met the challenge but turned it into a moment they'll never forget — welcoming a new life into the world and proving just how extraordinary an "ordinary" day can be.





# Community Partnerships

## Healthy Androscoggin: Three Decades of Making Healthier Communities

Healthy Androscoggin celebrated its 30th anniversary in June.

Over the past year, the community engagement team created a community resource guide and provided mental health first aid training to 24 community members.

Some other highlights of Healthy Androscoggin’s work over the past year include the SNAP-Ed nutrition team hosting 523 sessions, reaching almost 1,900 participants. The Substance Use Prevention team provided 15 training courses in the community. The Childhood Lead Poisoning Prevention program distributed educational materials and provided resident education to 36 families, and the tobacco prevention team partnered with local schools to conduct 15 presentations.



## Still Flying High

Central Maine Healthcare has been a joint venture partner of LifeFlight of Maine since LifeFlight’s inception in 1998. Over the past fiscal year, LifeFlight transported 185 patients from a Central Maine Healthcare facility to specialty care at another facility. LifeFlight also brought 148 patients to Central Maine Medical Center from community hospitals across the state. In calendar year 2025, LifeFlight transported 2,743 patients, an increase of 13 percent over the previous year. LifeFlight has expanded its critical care ground transport program significantly in the past year, increasing access to critical care transport for patients when weather prevents aircraft from flying.



## United Ambulance Continues Tradition of Excellence

United Ambulance Service is jointly owned by CMMC and St. Mary’s Regional Medical Center and has been providing award-winning medical care and transportation since 1981. United recently received a perfect score from the Commission on Accreditation of Ambulance Services. Some other highlights over the past year include adding new vehicles to their fleet and securing virtual reality equipment for their training center in Lewiston.



## Another Strong Year for MCHP

Maine College of Health Professions had another successful academic year, conferring 88 healthcare degrees and certificates. Additionally, the college earned initial accreditation from the Commission on Accreditation of Allied Health Education Programs for Maine’s only educational program in diagnostic medical sonography.

MCHP is home to the original nursing and radiography programs in Maine.

In the coming year, MCHP hopes to add another vital healthcare program, Master of Science in Nursing degree.



## Our Partners in Community Health

Andwell Health Partners is the largest independent non-profit home and community-based healthcare and care management organization in Maine. Among the services they offer are home health, dementia care management and hospice. Central Maine Healthcare’s collaboration with Andwell has thrived for 60 years, as the two systems have collaborated on post-discharge care for patients. One of Andwell’s highlights last year was the opening of an outpatient clinic in Lewiston that offers physical therapy, occupational therapy, speech therapy and other services. Andwell Health Partners also launched an audiology service line with a clinic that began operating in Lewiston last March.



## Bolster Heights and Rumford Community Home

At a time when nursing homes throughout the country are struggling financially and closing, Central Maine Healthcare’s two assisted living facilities continue to strongly support the communities they serve.

Bolster Heights in Auburn is an 84-bed facility that provides onsite medical services and 24-hour personal care in private and shared rooms, residential care, secured dementia care, skilled rehabilitation and long-term care nursing services.

Rumford Community Home is an 85-bed, all-inclusive, active-living community in Rumford, offering residential care, secured dementia care, skilled rehabilitation and long-term care nursing services.





# Making a Powerful Impact in Our Community

## Strengthening Our Community's Blood Supply

In collaboration with the American Red Cross and LifeFlight of Maine, Central Maine Healthcare began hosting quarterly blood drives this year. The blood drives are coming on the heels of a successful drive held in fall 2024 in commemoration of the victims of the October 25 tragedy.

"The response from our team members and our community last October was inspiring," said **Steve Littleson**, president and CEO of Central Maine Healthcare.

## Young campers spruce up Bridgton Hospital garden

A group of enthusiastic young campers from Camp Skylemar in Naples took time off from swimming and boating to help beautify Bridgton Hospital's garden. The campers pulled weeds, watered plants and did a great job getting the garden beds ready for harvest and fall planting. The camp owner, Arleen Shepherd, is on the Friends of Bridgton Hospital Committee and thought working in the garden would be a great way for the boys, who were visiting Maine from all over the world, to learn about giving back.

## Pop-Up Clinic Treats Patients Where They Live

CMMC's Family Medicine Residency, along with Healthy Androscoggin and Maine Family Planning, hosted a "Clinic in the Community" in 2024 in downtown Lewiston. Maine Family Planning offered reproductive healthcare services, while Healthy Androscoggin provided educational resources, including childhood lead poisoning prevention, nutrition, physical activity, tobacco-free lifestyles and substance misuse prevention.

"We believe that meeting people where they live, work and play is the best way to build a healthier community together," said **Lindsay Gannon**, health promotion manager at Healthy Androscoggin.

"This is an invaluable learning opportunity for them to be able to meet the people they see every day in clinic out in the world where they actually live."

## CMH Team Members Show Community Pride in Moxie Parade

More than 200 Central Maine Healthcare team members, family and friends marched down Main Street in Lisbon Falls for the 40th Annual Moxie Festival Parade last summer, in celebration of the communities we serve. Taking part in this iconic event is one more way we demonstrate our commitment to the people of central Maine.

- 1 CMH team members gather before the Moxie Festival Parade
- 2 Rededication of the Infant Garden at CMMC
- 3 Maternity team supports the Shriner's FEZtival of Trees
- 4 Rumford Free Ski Night
- 5 CEO Steve Littleson rolls up sleeve for blood drive
- 6 Youths from area summer camp help spruce up the community garden at Bridgton Hospital
- 7 CMH residents at the first Clinic in the Community
- 8 Team CMH once again biggest corporate team at Dempsey Challenge
- 9 Annual Stuff the Bus gift gathering at CMMC







## Rededication of the Infant Garden

Team members and guests gathered on the CMMC campus in the fall to rededicate our Pregnancy and Infant Loss Garden, a memorial to the lives of newborns and young babies that have been lost.

## Maternity Team gets into Christmas Spirit at Lewiston Fundraiser

CMMC sponsored the Kora Shrine Temple's 2024 FEZtival of Trees, an event that raffles off decorated holiday trees to support the Shriners Hospital for Children in Boston. Maternity department team members took part in the fundraiser, creating a baby-themed tree made entirely of diapers.

"As a unit, we enjoyed the opportunity to take part in this fundraising event," said **Michelle Keene**, RN, team lead for CMMC labor and delivery. "What a perfect way to be part of our community and share our passion for the work that we do."

## Huge Showing for Team CMH at Dempsey Challenge

For the third consecutive year, Team CMH was the largest corporate team at the Dempsey Challenge. Central Maine Healthcare team members, family and friends gathered at Lewiston's Simard-Payne Park to run/walk/bike to raise money for the Dempsey Center. Team CMH surpassed its fundraising goal of \$40,000. Funds will be used to provide services, free of charge, for cancer patients and their loved ones.

"I could not be more proud of Team CMH's effort once again at the Dempsey Challenge," said **Kari Nadeau**, RN, Team CMH captain. "This is always such a fun event for our team members and for the entire community."

## Rumford Free Ski Night and Recovery Walk Events

Rumford Hospital team members stayed busy over the winter months, braving the cold temperatures for various events in the River Valley.

The hospital was a sponsor of Free Ski Night at Black Mountain of Maine. Team members took advantage and joined about 700 other snow lovers from the community for an evening of free skiing, snowboarding and tubing.

Team members also took part in the annual Winter Recovery Rally which was hosted by River Valley Recovers Strong. The event was created to raise awareness and end the stigmas associated with substance use disorder.

Below are some of many community organizations supported by Central Maine Healthcare.



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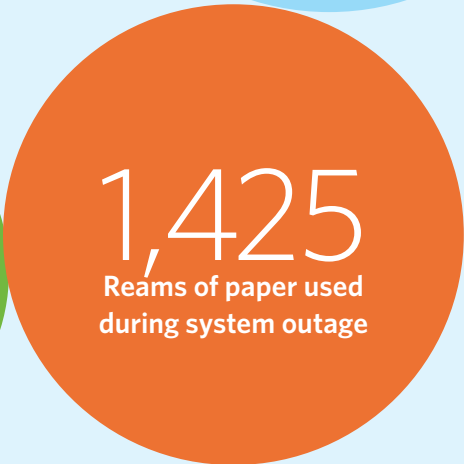
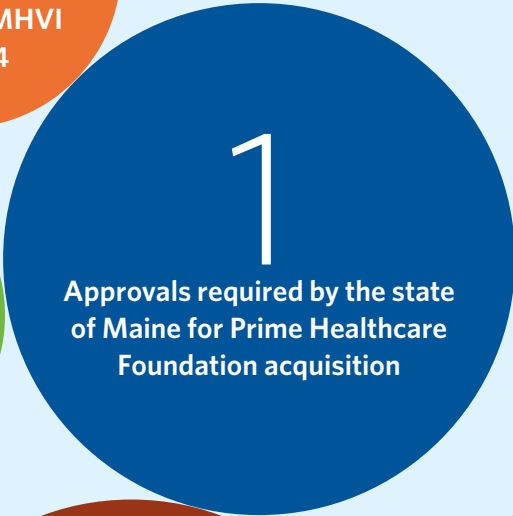
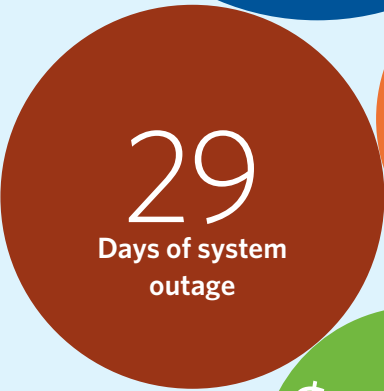
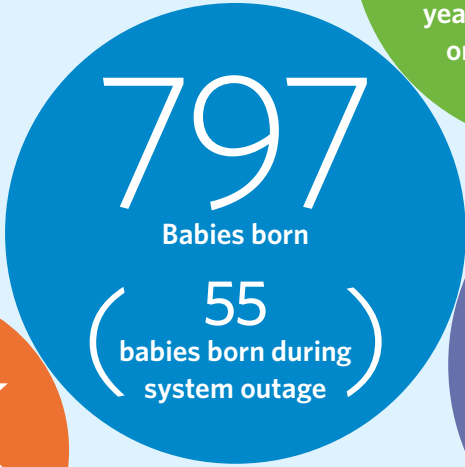
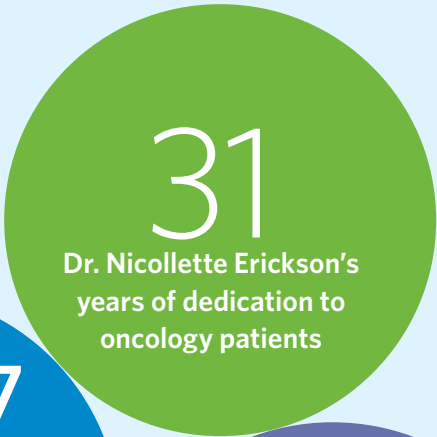
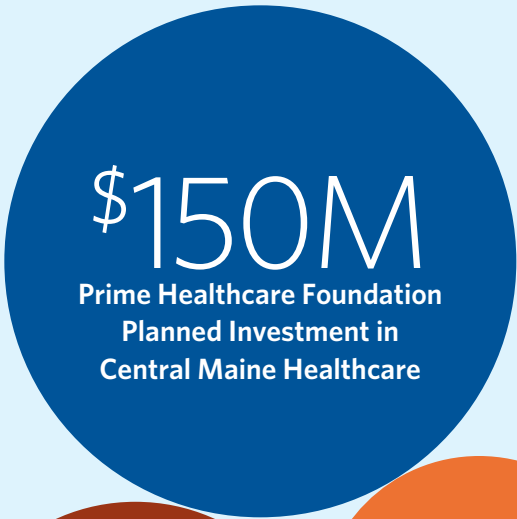
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# By the Numbers



## Patient Stories

# Making Our Patients Feel Valued in Every Way

Whether our patients come to see us for a simple annual exam, a broken leg or life-saving surgery, these experiences can be stressful. It's not only our job to heal them physically, but to care for them emotionally, as well.

One of our patients, Linda Connelly, describes her experience when she needed a hip replacement:

*On Jan. 7, 2025, I arrived in the Day Surgery Department. As you can imagine, I was anxious, stressed and frightened. As much as I would have loved to keep my own body parts forever, it was not meant to be.*

*From the moment of my registration check-in, I was treated with a smile and compassion. I witnessed the team gathered together and helping each other. Once I was settled in my bed, I was introduced to my various care team providers responsible for my care. Everyone kindly, patiently and clearly explained their*

*role. My questions were answered with respect and always with a kind smile. My concerns were heard, my anxiety and worries settled and I felt valued.*

*There were concerns about sending me home the day of the surgery, so I was admitted. My inpatient care team, including the PT and OT staff, introduced themselves and were present in every way regarding my questions and concerns. At each shift change I was greeted with a smile and each person made sure I had everything I needed. They all assured me that they were there for me. I felt safe, valued and lovingly cared for.*

*We are all truly blessed by having these amazing teams from registration, front line staff, housekeeping staff, food staff, maintenance staff, volunteers and all others that I have not listed. Every single person truly cares and works hard at making a difference.*







# Philanthropy

## at Central Maine Healthcare

Central Maine Healthcare is grateful for the philanthropic support we received from our donors in 2024. Every gift makes a difference by helping us expand our mission to deliver exceptional healthcare to our unique part of Maine.

### Record Turnout for Bridgton Hospital Golf Tournament

The 2024 Bridgton Hospital Golf Tournament on Sept. 11 raised more than \$24,000 to help fund emergency services at Bridgton Hospital. A total of 116 players hit the links, which was a record turnout. Many terrific volunteers chipped in to make the event possible.

### New Warming Shelter Rises from Site of Tragedy

CMMC is honored to support a new emergency warming shelter that opened in Lewiston. The facility is located at the former Schemengees Bar & Grille on Lincoln Street, one of the sites of the 2023 Lewiston tragedy.

Kaydenz Kitchen operates the low-barrier adult homeless shelter where people can find food, a place to sleep and other services. The building also houses a resource center, food pantry and clothing closet.

The shelter is meant to address growing homelessness in the community. The building owners are honoring the victims with a painted mural.

### Welcome back, WHA!

After a hiatus caused by the pandemic, the Woman's Hospital Association (WHA) is back. The WHA has a long history of raising funds for critical medical equipment and programs at Central Maine Medical Center, as well as the Maine College of Health Professions. From mammography machines to defibrillators, the organization has raised \$1.2 million for the hospital.

"The WHA's contributions- from the funds they've raised to their role as goodwill ambassadors for CMMC and the community- are truly invaluable," said [Lisa LaVallee](#), system director of Philanthropy for CMH.







### 35 Years of Generosity: Ladies Auxiliary Poinsettia Sale

For the 35th consecutive year, the Rumford Hospital Ladies Auxiliary has shown a steadfast commitment to their hometown hospital and care team. Once again members put on their yearly Poinsettia sale and raised over \$3,000 to help Rumford Hospital and our team members buy much-needed medical equipment.

### Central Maine Healthcare Partners with New Local Business

Central Maine Healthcare welcomed cPort Credit Union as our newest community partner. The credit union opened a new branch on Main Street in Lewiston and made a \$10,000 donation to the hospital, making it a new corporate sponsor.

### CMHVI Receives Heartfelt Donation From Rumford Eagles

Rumford Eagles volunteers presented a donation of \$1,600 for the Central Maine Heart and Vascular Institute. The proceeds came from the club's annual Legacy 8-Ball Tournament fundraiser. Volunteers Harry Hamner (left) and Dorie Oakes (center right) were on hand for the ceremony.

### Giving to the Giving Tree

Local businesses made generous contributions to the annual Rumford Hospital Giving Tree. The holiday tradition, run by the Women's Auxiliary, raised \$1,825 to be used toward a much-needed "sit-to-stand lift" which will significantly improve the care and comfort of the hospital's patients.



- 1 Record turnout for Bridgton Golf Tournament
- 2 Annual Poinsettia sale raises \$3000 for Rumford Hospital
- 3 Rumford Eagles 8-ball tournament raises funds for CMHVI
- 4 CMMC donates passenger van to new warming shelter
- 5 WHA raises funds for hospital with bake sale
- 6 cPort Credit Union becomes new corporate sponsor of Central Maine Healthcare





